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# Sodium cromoglycate decreases sensorimotor impairment and hippocampal alterations induced by severe traumatic brain injury in rats

Mrs. Marysol Segovia-Oropeza, Miss Cindy Santiago-Castañeda, Dr. Sandra Orozco-Suárez, Dr. Luis Concha, and Dr. Luisa Rocha

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## Abstract

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Marysol Segovia-Oropeza, Cindy Santiago-Castañeda,  
Sandra Adela Orozco-Suárez, Luis Concha\*, Luisa Rocha\*

-M. Sci. Marysol Segovia-Oropeza. Department of Pharmacobiology, Center of Research and Advanced Studies, Mexico City, Mexico. Tel: (+5255) 54 83 28 00. Email: segoviaom@gmail.com

-M. Sci. Cindy Santiago-Castañeda. Department of Pharmacobiology, Center of Research and Advanced Studies, Mexico City, Mexico. Tel: (+5255) 54 83 28 00. Email: cindy\_2901@hotmail.com

-Dr. Sandra Adela Orozco-Suárez. Unit for Medical Research in Neurological Diseases, National Medical Center, Mexico City, Mexico. Tel: (+5255) 55 78 02 40. Email: sorozco5@hotmail.com

-Dr. Luis Concha. Institute of Neurobiology, National Autonomous University of Mexico, Campus Juriquilla; Queretaro, Mexico. Tel: (+52442) 238 1054. Email: lconcha@unam.mx **\*Author for correspondence**

-Dr. Luisa Rocha. Department of Pharmacobiology, Center of Research and Advanced Studies, Mexico City, Mexico. Tel: (+5255) 54 83 28 00. Email: lrocha@cinvestav.mx **\*Author for correspondence**

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## Abstract

Severe traumatic brain injury (TBI) results in significant functional disturbances in the hippocampus. On the other hand, studies support that sodium cromoglycate (CG) induces neuroprotective effects. This study focused to investigate the effects of post-TBI subchronic administration of CG on hippocampal hyperexcitability and damage as well as sensorimotor impairment in rats. In contrast to the control group (Sham+SS group), animals undergoing severe TBI (TBI+SS group) showed sensorimotor dysfunction over the experimental post-TBI period (day 2, 55%,  $p<0.001$ ; day 23, 39.5%,  $p<0.001$ ; day 30, 38.6%,  $p<0.01$ ). On day 30 post-TBI, TBI+SS group showed neuronal hyperexcitability (63.3%,  $p<0.01$ ). The hippocampus ipsilateral to the injury showed volume reduction (14.4%,  $p<0.001$ ) with a volume of damage of  $0.15\pm0.09\text{ mm}^3$ . These changes were associated with neuronal loss in dentate gyrus (ipsilateral, 33%,  $p<0.05$ ); hilus (ipsi, 77%,  $p<0.001$ ; contralateral, 51%,  $p<0.001$ ); CA1 (ipsilateral, 40%,  $p<0.01$ ), and CA3 (ipsi-, 52%,  $p<0.001$ ; contralateral, 34%,  $p<0.01$ ). Animals receiving subchronic treatment with CG (50 mg/kg, s.c. daily for 10 days) after TBI (TBI+CG group) displayed a sensorimotor dysfunction less evident compared with the TBI+SS group ( $p<0.001$ ). Their hippocampal excitability was similar to those of the Sham+SS group ( $p=0.21$ ). TBI+CG group presented hippocampal volume reduction (12.7%,  $p=0.94$ ) and damage ( $0.10\pm0.03\text{ mm}^3$ ,  $p>0.99$ ) similar to TBI+SS group. However, their hippocampal neuronal preservation was similar to the Sham+SS group. These results indicate that CG represents an appropriate and novel pharmacological strategy to reduce the long-term sensorimotor impairment as well as hippocampal damage and hyperexcitability that result as consequence of severe TBI.

**Introduction**

Traumatic brain injury (TBI) is a brain insult caused by an external mechanical force to the head, such as an impact, sudden acceleration-deceleration, blast waves, or projectiles.<sup>1</sup> TBI affects approximately 69 million people worldwide.<sup>2</sup> It is the most important cause of disability and death in young adults worldwide.<sup>3</sup>

Acute events, such as intracranial hemorrhage, neuroinflammation, cerebral edema, excitotoxicity,<sup>4-6</sup> and diffuse neuronal death, take place immediately after TBI.<sup>7,8</sup> Subsequently, a progressive post-traumatic encephalopathy occurs, which is associated with mood disorders,<sup>9</sup> neuromotor damage,<sup>10</sup> neuronal hyperexcitability,<sup>11,12</sup> and neuroendocrine alterations.<sup>13</sup> Currently, it is known that neurodegenerative disorders such as Alzheimer's disease, Parkinson's disease, post-traumatic epilepsy and stroke can result as long-term consequences of severe TBI.<sup>14</sup> These neurodegenerative disorders represent a significant economic cost. The total direct and indirect costs of TBI in Europe and USA were estimated in approximately USD \$ 45.4 and USD \$ 60 billion respectively.<sup>15,16</sup>

The hippocampus is a brain area susceptible to neuronal damage and hyperexcitability as consequence of a TBI.<sup>11,17-21</sup> The hippocampal alterations following a TBI result in attention, memory and cognition changes, as well as mood and decision-making ability variations, lack of impulse control and eventually post-traumatic epilepsy.<sup>22</sup> At present, however, no therapeutic strategies exist to avoid long-term consequences of severe TBI in the hippocampus and other brain areas.<sup>23</sup>

Experimental evidence indicates that sodium cromoglycate (CG), a drug that prevents degranulation and migration of mast cells, induces neuroprotective effects.<sup>24,25</sup> In experimental models, CG administration decreases cerebral ischemia

effects (neuronal damage, atrophy and increased astroglial activity) in areas such as the hippocampus, thalamus and cerebral cortex.<sup>26,27</sup> CG also reduces neuroinflammation, cerebral edema, neuronal damage, the neutrophil entry into the brain parenchyma and mortality resulting from hypoxia and cerebrovascular disorders.<sup>28-29</sup> Previous findings showed that CG pretreatment delays lithium-pilocarpine-induced *status epilepticus* and reduces subsequent hippocampal damage in rats.<sup>30</sup> Subchronic administration of CG during the post-*status epilepticus* period results in lower frequency and intensity of spontaneous and recurrent seizures and less neuronal damage in the thalamus.<sup>31</sup> This group of evidence supports that CG induces neuroprotective effects in different brain disorders.

The present study focused to investigate if the subchronic administration of CG after a severe TBI could prevent or reduce long-term consequences. Experiments were designed to evaluate sensorimotor functions as well as different hippocampal conditions (excitability, neuronal population, as well as volume and tissue damage). The results obtained support that CG, a drug of well-known pharmacological characteristics, wide margin of safety and low cost, is an appropriate pharmacological strategy to prevent or reduce long-term complications resulting from severe TBI.

## Materials and methods

### Animals

Male Wistar rats (250-300 g) were maintained individually in clear acrylic boxes under controlled environmental conditions (12 h light/darkness cycles, at  $22 \pm 2^{\circ}\text{C}$ , and 50% humidity) with access to food and water *ad libitum*.

The experimental protocol was carried out following the Official Mexican Standard (NOM-062-ZOO-1999) and with the approval of the Internal Committee for the Care and Use of Laboratory Animals of the Research and Advanced Studies Center (Mexico, Project 0125-15). All efforts were made to minimize the number of animals used.

**Experimental groups**

Animals were randomly divided into the following groups:

a) TBI+CG group (n =18). Under general anesthesia, animals underwent severe TBI. Fourteen rats survived the trauma. Ninety minutes after injury, rats were treated with CG (50 mg/kg, s.c., Sigma-Aldrich), daily for 10 days. CG was applied at 50 mg/kg s.c. because this treatment reduces the neuronal damage subsequent to hypoxic-ischemic events,<sup>26,27</sup> and pilocarpine-induced *status epilepticus*.<sup>30,31</sup>

Thirty days post-TBI, 7 rats were anesthetized and perfused. Hippocampal volume and damage were evaluated *ex vivo* using magnetic resonance imaging (MRI). The remaining animals (n = 7) were used 23 days post-TBI to evaluate hippocampal excitability and neuronal damage. These rats underwent surgery to implant a bipolar electrode in the ventral hippocampus ipsilateral to the injury. Thirty days post-TBI, their hippocampal excitability was evaluated through the estimation of the after-discharge threshold (ADT). On day 31 post-TBI, rats were anesthetized and perfused. The brain was used to evaluate the neuronal population (NeuN) in different areas of the hippocampus. Weight and sensorimotor function (composite neuroscore (NS)) were evaluated at different time points through the experimental procedure (Fig. 1).



b) TBI+SS group (n = 18). Animals underwent the same experimental procedures as the TBI+CG group, except that they received the administration of saline solution (SS) (1 ml/kg; s.c.) instead of CG. Three animals died after the TBI. Eight rats were used for MRI analysis and seven rats for histological evaluation (Fig. 1).

c) Sham+CG group (n = 10). This group underwent the same experimental procedures as the TBI+CG group, except for the TBI. Four animals were used for MRI analysis and six for hippocampal assessment (Fig. 1).

d) Sham+SS group (n = 15). Animals underwent the same experimental procedures as the CG group, except for the administration of SS instead of CG. MRI (n = 8) and histological evaluation (n = 7) were performed (Fig. 1).

### **Sensorimotor function evaluation**

Sensorimotor functions were evaluated with NS.<sup>10,32</sup> NS consists of different tests applied to analyze the following functions: (a) forelimb outstretching, (b) hindlimb outstretching, (c) body lateral pulsion and (d) balance on an inclined platform. For the first three tests, individual scores were obtained for each of the limbs. A total score of 27-28 indicates a normal condition, 26-16 score suggests mild damage, while a score  $\leq 15$  indicates as severe sensorimotor damage.<sup>33</sup>

### **Induction of severe TBI**

Severe TBI was induced by the lateral fluid-percussion (LFP) injury model according to McIntosh et al. (1989).<sup>10</sup> The animals were anesthetized with ketamine, 80 mg/kg, i.p. and xylazine, 15 mg/kg, i.m. (Pisa Labs.). Anesthesia was achieved in most rats 15 minutes after the injection of the drugs and lasting 20 to 30 minutes. Then,

animals presented sedation during 3.8 h approximately, characterized by a period of immobility and reduced responsiveness to external stimuli. During anesthesia, rats were placed in a stereotaxic frame and underwent a sagittal incision followed by a 5 mm diameter craniotomy in the left hemisphere. The center of craniotomy was located according with the following coordinates: anteroposterior relative to Bregma, -3.5 mm; lateral, 3.5 mm. After verifying the integrity of the dura mater, a plastic female Luer-Lock was implanted into the trepan and a stainless steel screw on the frontal cortex. Both were attached to the skull with dental acrylic. After 90 min of ketamine/xylazine injection, during the sedation period, we confirm that animals presented toe pinch response. Then, they were connected through the Luer-Lock to a radius angled tip of 90° attached to a fluid-percussion brain damage device (AmScience Instruments, Richmond, VA, USA), and severe TBI was induced by applying a pressure of 2.6 to 3.3 atm.<sup>34</sup> At the end of the procedure, the implant was removed, the wound was closed and tramadol (20 mg/kg, s.c., NorVet) was administered.

**Electrode implantation and assessment of hippocampal excitability**

Rats previously anesthetized (ketamine, 80 mg/kg, i.p.; xylazine, 15 mg/kg, i.m.) were placed in a stereotaxic frame. A bipolar electrode was implanted in the ventral hippocampus (anteroposterior, -5.3 mm in relation to Bregma; lateral, 5.2 mm; height, 7.5 mm), ipsilateral to injury.<sup>35</sup> Three stainless steel screws were placed on the skull to support the implant, which was fixed with dental acrylic. ADT was estimated 7 days after surgery. The procedure consisted on the application of a train of electrical stimuli (1 ms square pulses at 60 Hz for 1 s) generated with a GRASS

1  
2  
3 S-48 model stimulator. The procedure was repeated every minute with an initial  
4  
5 electric current of 10  $\mu$ A, which was subsequently increased by 20% until a  
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7 behavioral change or an electrographic after-discharge was induced.<sup>36</sup> Low values  
8  
9 indicate neuronal hyperexcitability.  
10  
11

## 12 13 14 **Histology and fractional counting method**

15  
16 Under anesthesia (ketamine, 80 mg/kg, i.p.; xylazine, 15 mg/kg, i.m.), animals  
17  
18 were perfused with 250 ml of SS (0.9%) and heparin (1 mg/l, Sigma-Aldrich, Cat #  
19  
20 H3393), followed by 250 ml of paraformaldehyde (4%, Sigma-Aldrich Cat # P6148)  
21  
22 and glutaraldehyde (0.2%, Electron Microscopy Sci. Cat # 16210) in a phosphate  
23  
24 buffer solution (PBS). After perfusion, the brain was dissected and kept in a  
25  
26 paraformaldehyde solution (4%, Sigma-Aldrich Cat # P6148) at 4°C for 168 h.  
27  
28 Subsequently, it was included in paraffin for further processing. Brains were  
29  
30 sectioned (5  $\mu$ m thickness each section) in the coronal plane. Serial sections (1 of  
31  
32 5) through the entire dorsal hippocampus (Bregma -2.5 to -4.5 mm) were collected  
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34 and thaw-mounted on Poly-L-lysine adhesive (Sigma-Aldrich Cat # P8920) coated  
35  
36 glass slides.  
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42 Brain sections were used to evaluate NeuN, a neural marker, by  
43  
44 immunohistochemistry. For this procedure, brain sections were first incubated in an  
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46 antigenic recovery solution (Diva, Biocare Medical) (10 min at 120°C), and then  
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48 washed in distilled water and exposed to H<sub>2</sub>O<sub>2</sub> at 3% (10 min). Then, sections were  
49  
50 incubated in goat serum (1:200, 30 min, Vector Lab USA) and subsequently in the  
51  
52 primary mouse monoclonal antibody directed against NeuN (1:200, 72 h, Millipore  
53  
54 Cat # MAB-377). Brain sections were then incubated with the secondary antibody  
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(anti-mouse peroxidase) (1:200, 2 h, Vector Lab. Cat # PI-200). Finally, the reaction was revealed with 3,3'-diaminobenzidine tetrahydrochloride (Betazoid DAB Chromogen Kit, Biocare Medical Cat # kit DB801L). The slides with the brain sections were covered with synthetic resin (Entellan®, Merck Millipore). Digitized images of the brain sections were obtained with a camera connected to a microscope (Nikon 10x Optical 200M) and analyzed using the Image Pro-Plus 7 processing software (Media Cybernetics, USA).

The fractional counting method by West et al.<sup>37</sup> was used for the estimation of the number of neurons per volume (mm<sup>3</sup>) in different regions of the hippocampus: dentate gyrus (DG), hilus, CA1 and CA3, ipsi- and contralateral to injury or manipulation. One investigator carried out this procedure on blind conditions. The regions of interest were identified at the level of dorsal hippocampus (Bregma -2.5 to -3.6 mm) on digital images previously obtained with a light microscope (Eclipse Ni; Nikon, Japan) and Image Pro-Plus 7 software (Media Cybernetics, USA). Three serial sections obtained at intervals of every 5<sup>th</sup> section (see Histology section) were evaluated for this purpose. In this case, the sampling fraction (*ssf*) corresponded to 1/5. The area sampling fraction (*asf*) = area (frame) / area (x, y step) was calculated and corresponded to the counting frame (0.460 · 0.600 mm). Then, the thickness sampling fraction was estimated with the dissector height (*h*) relative to the section thickness *t* (*h/t*). The number of cells was calculated using the following formula:  $N = (\sum Q^-) \cdot (t/h) \cdot (1/asf) \cdot (1/ssf)$ . In this formula, *Q*<sup>-</sup> represented the number of cells in a known volume fraction of each area evaluated.

### **Ex vivo magnetic resonance imaging**

The perfusion protocol was conducted as previously described for the histological evaluation, with the difference that gadolinium-based contrast agent (2 mM, Prohance, Bracco Diagnostics Inc.) was added to the solution.<sup>38</sup> At the end of the perfusion, the head was removed from the body and immersed in paraformaldehyde (4%) and ProHance (2 mM) at 4°C overnight. The following day sodium azide (Sigma-Aldrich Cat # S2002) was added (0.02%) to the buffer. The samples were stored at 4°C until imaging.

Imaging was performed at the National Laboratory for MRI (UNAM) using a Bruker Pharmascan 70/16 US 7.0 T magnet and a circularly polarized rat head coil, coupled to a workstation running Paravision 6.0.1. The procedure was carried out at room temperature (21±1 °C). The parameters for the scans were optimized for gray- and white-matter contrast (FLASH image with 3D acquisition). The resolution was 85 µm per side (TR/TE/flip angle=30 ms/8.6 ms/20°). The acquisition time per animal was one hour. Volumes were linearly normalized to a custom-made, unbiased, rat brain atlas. Said atlas was built by interactively registering all image volumes using a non-linear transform<sup>39</sup>, using the WHD atlas<sup>40</sup> as a starting point. The total volume of each hippocampus was calculated by manually selecting the areas of interest, using as a reference an atlas of the rat brain<sup>35</sup> and the ITK-SNAP software version 3.6.0.<sup>41</sup> Similarly, areas corresponding to damage (hypointense voxels) were selected, and the total volumes of hippocampal injury were obtained. Brains that showed image alterations under control conditions were discarded.

### **Statistical analysis**

Each of the procedures was carried out by a researcher blind to the experimental conditions. A two-way variance analysis (ANOVA) followed by a Tukey *post-hoc* test was used to compare the obtained values. For nonparametric values, the Kruskal-Wallis test, followed by a Dunn *post-hoc* was used. Data were expressed as a mean  $\pm$  standard error (SE). A value of  $p < 0.05$  was considered statistically significant. Data was analyzed with GraphPad Prism version 7.0 for Mac OS X (GraphPad Software, San Diego, California, USA).

**Results**

In the present study, histological analysis showed that electrode tips were implanted within the left ventral hippocampus in all of the rats used (Fig. 2).

Animals from the Sham+SS group presented body weight of  $251 \pm 3$  g at the beginning of the experiments and  $384.4 \pm 5$  g when the procedures ended (Fig. 3). Throughout the experimental procedures, their sensorimotor activity was normal, with a score of 27-28 evaluated with NS (Fig. 4). ADT was achieved with  $384.3 \pm 18.09$   $\mu$ A (Fig. 5).

*Ex vivo* MRI analysis of the SHAM+SS group revealed hippocampal volumes of  $54.8 \pm 0.69$  and  $55.6 \pm 1$  mm<sup>3</sup>, ipsi- and contralateral to craniotomy, respectively. Hippocampal damage was not detected (Table 1). The stereological analysis showed no differences in the number of NeuN positive cells per mm<sup>3</sup> in hippocampus, ipsi- and contralateral to craniotomy (Table 2, Fig. 6).

No statistical differences were observed in the results obtained from the Sham+CG group, when compared with those from the Sham+SS group (Figs. 3-6, Tables 1 and 2).

The animals of the TBI+SS group received a fluid percussion of  $3.084 \pm 0.11$  atm to induce a severe TBI. They showed a decrease in their body weight of up to 12% ( $p < 0.001$ ) during the first 6 days after TBI. Thereafter, rats showed a progressive weight recovery throughout the experimental period, although the values remained lower in comparison with the Sham+SS group (Fig. 3). Regarding the sensorimotor function, the TBI+SS group presented significantly lower values when compared with the Sham+SS group (day 2 post-TBI, 55%,  $p < 0.001$ ; day 23 post-TBI, 39.5%,  $p < 0.001$ ; day 30 post-TBI, 38.6%,  $p < 0.01$ ) (Fig. 4). TBI+SS group showed lower ADT values than the Sham+SS group (63.3%;  $p < 0.01$ ) (Fig. 5), indicating hippocampal hyperexcitability.

In comparison with the Sham+SS group, the TBI+SS group showed a lower hippocampal volume (14.4%) ipsilateral to the injury ( $p < 0.001$ ), with a volume of damage of  $0.15 \pm 0.09$  mm<sup>3</sup>. The contralateral hippocampus showed no volume changes ( $p > 0.05$ ) or evidence of damage (Table 1).

Concerning the histological assessment, the TBI+SS group showed a decrease in neuronal survival in the hippocampal areas evaluated. This effect was statistically significant for the ipsilateral DG (66%,  $p < 0.05$ ); ipsi- (22%,  $p < 0.001$ ) and contralateral hilus (48%,  $p < 0.001$ ); ipsilateral CA1 (60%,  $p < 0.01$ ); and ipsi- (47%,  $p < 0.001$ ) and contralateral CA3 (66%,  $p < 0.01$ ), when compared with the Sham+SS group (Table 2, Fig. 6).

In the TBI+CG group, a severe TBI was induced applying a fluid percussion of  $3.047 \pm 0.12$  atm ( $p = 0.8304$  vs TBI+SS group). As result of the trauma, the TBI+CG group showed a weight loss similar to that presented by the TBI+SS group (Fig. 3).



The NS indicated a decrease in sensorimotor function following TBI (day 2, 36%,  $p<0.001$ ; day 23, 11%,  $p<0.02$ ; day 30, 7%,  $p>0.05$ , in comparison with baseline values). However, in this group, sensorimotor dysfunction was less evident compared with the TBI+SS group ( $p<0.001$ , Fig. 4). For the ADT evaluation, the values obtained were similar to those of the Sham+SS group ( $p = 0.21$ ) (Fig. 5).

One animal was not included in the MRI analysis because the brain was bloody after perfusion. The hippocampal volume and volume of damage in six rats of the TBI+CG group were similar to the TBI+SS group (volume, 12.7%,  $p=0.94$ ; damage,  $0.10\pm0.03\text{ mm}^3$ ,  $p>0.99$ ) (Table 1). Finally, the histological analysis showed neuronal preservation similar to the Sham+SS group in the different hippocampal areas evaluated (Table 2, Fig. 6).

Discussion

CG is a mast cell stabilizer of known pharmacological characteristics and a wide safety margin.<sup>24,25</sup> CG exerts its neuroprotective effects by preventing the release of several factors contained in the granules of mast cells, that favor tissue damage: amines, pro-inflammatory cytokines, tissue degrading enzymes, prostaglandins, reactive oxygen species and histamine, among others.<sup>42</sup> The results obtained from this study show for the first time that CG administration reduces the deterioration in sensorimotor functions resulting from severe TBI. Also, post-TBI hippocampal hyperexcitability is less evident, an effect associated with reduced neuronal and brain damage. However, CG subchronic administration prevent neither body weight loss nor hippocampal volume decrease secondary to severe TBI.



CG is a highly polar compound which is poorly absorbed from gastrointestinal tract (<4%).<sup>43</sup> It is not metabolized and after i.v. administration, it is cleared rapidly by both renal and hepatic excretion with a plasma half-life of 20 min in rats.<sup>44</sup> After subcutaneous administration, CG clearance is 43.9 ml/min/kg in adult rats and very low levels are detected at 24 h (<0.001% of total dose).<sup>45</sup> In rats, the chronic CG administration at 200 mg/kg; s.c. induces toxic effects that result in renal damage and a mortality rate of 4%.<sup>46</sup> A previous study suggested that CG does not cross the blood-brain barrier.<sup>46</sup> However, several publications support its therapeutic efficacy as mast cell stabilizer in the brain when administered i.v. or s.c.<sup>29-31,47</sup>

It has been reported that the administration of CG promotes body weight gain due to an increase in food and water intake in experimental models of hypophagia.<sup>48,49</sup> This effect is explained because CG prevents mast cell degranulation with a subsequent decrease in histamine levels, as well as the activation of the H1 receptor in the ventromedial and paraventricular nucleus, which regulate food intake.<sup>50</sup> In this study, animals undergoing severe TBI showed a decrease in body weight, consistent with studies in other animal models,<sup>51,52</sup> as well as in humans.<sup>53</sup> However, the repeated administration of CG did not prevent post-TBI weight loss. TBI may affect brain areas such as the hypothalamus, which favors weight loss by hypermetabolism,<sup>52</sup> a condition that was not modified with the CG subchronic treatment.

Sensorimotor functions regulated by the cerebral cortex are known to be affected since the first hours after a TBI. This condition can remain in the long-term following severe trauma.<sup>10,33,54</sup> The present results demonstrate that animals receiving subchronic CG treatment after severe TBI show lower sensorimotor

dysfunction, which was reversed within 30 days post-trauma. This effect is similar to that reported by other authors, who described that CG pretreatment promotes neurological and motor recovery in experimental models of brain hemorrhage.<sup>29</sup> It is possible to suggest that the stabilization of mast cells by CG may prevent the release of pro-inflammatory factors and the subsequent cell damage at the level of the sensorimotor cortex.

In the present study, histology was done in the dorsal hippocampus because this brain area shows higher cell loss as consequence of TBI, in contrast to ventral hippocampus.<sup>55</sup> The histological assessment of the TBI+SS group revealed a decrease in neuronal survival in the different dorsal hippocampal areas evaluated. Concerning severe TBI in rat, Grady et al.<sup>56</sup> found cell loss in hippocampus ipsilateral to the trauma at 2 weeks after a severe TBI as follows: hilus, 50%; CA1, 13%; CA3, 22%. In the present study, the results obtained revealed a higher cell loss one month after a severe TBI in rat (dentate gyrus, 33%; hilus, 77%; CA1, 40%; CA3, 52%, ipsilateral to trauma). This group of evidence supports the progression of the cell damage after a severe TBI. In contrast to our results, Baldwin et al.<sup>57</sup> reported less cell loss in CA3 (40%) one month after a severe TBI. This discrepancy can be explained because we used a fluid-percussion device equipped with an angled tip, instead of a straight one as used by other authors.<sup>58,59</sup> In this model, this variation can modify the direction and extent of brain deformation and cause a significant difference in severity of tissue damage.<sup>60</sup> Other variation is the intensity of the trauma. In contrast to the results obtained in animals with severe TBI (present study,<sup>56, 57</sup>) a moderate TBI induces less cell loss in hippocampus of rodents, one week (dentate gyrus, 44%; hilus, 34%; CA1, 32%; CA3, 32%)<sup>61</sup>, and 2 months after

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2  
3 TBI (hilus, 40%).<sup>62-63</sup> The discrepancy in the results of cell loss can also be  
4  
5 associated with different sectioning planes and definition of the areas of interest  
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7 established for the stereological procedure used. In addition, the administration of  
8  
9 anesthetic/sedative agents can modify the neuronal death induced by TBI. About  
10  
11 this issue, it is described that ketamine, the anesthetic used in the present study, is  
12  
13 associated with a high hippocampal cell loss after TBI in rats.<sup>64</sup>  
14  
15

16  
17 *Ex vivo* MRI and histology results support that injury induces hippocampal  
18  
19 damage and decreases in the volume of the hippocampus ipsilateral to TBI since the  
20  
21 first hours after trauma.<sup>62,63,65</sup> Hippocampal volume reduction secondary to TBI is  
22  
23 explained by the significant loss of synapses and other elements in the neuropil.<sup>66-67</sup>  
24  
25 Particularly, it is known that a severe TBI results in a decrease of the neuronal  
26  
27 population in the DG, hilus, CA1 and CA3.<sup>62, 63,65,68</sup> The results obtained indicate that  
28  
29 post-TBI subchronic treatment with CG prevented neuronal loss in different  
30  
31 hippocampal areas, which is consistent with the neuroprotective effects induced by  
32  
33 this drug in other models of brain injury, such as cerebral hemorrhage, hypoxia-  
34  
35 ischemia, rotenone damage and *status epilepticus*.<sup>26-28,30,31,69</sup> However, *ex vivo* MRI  
36  
37 results indicate that CG subchronic administration did not prevent the reduction of  
38  
39 hippocampal volume ipsilateral to the injury. Such treatment may favor hippocampal  
40  
41 neuronal survival, although it does not prevent changes induced by TBI in other  
42  
43 cellular components involved in the volume of brain structures.<sup>70</sup>  
44  
45  
46  
47  
48

49 It is known that severe TBI may result in hippocampal hyperexcitability.<sup>18,19,71</sup>  
50  
51 Brain hyperexcitability secondary to TBI has been evaluated by the systemic  
52  
53 administration of subconvulsant doses of excitatory drugs such as  
54  
55 pentylenetetrazol.<sup>72</sup> However, this experimental strategy does not allow to determine  
56  
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58  
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changes in specific brain areas such as hippocampus. In this study, the estimation of ADT in freely moving animals confirmed that TBI induces hyperexcitability (low ADT values) in ventral hippocampus, an area with high sensitivity to electrical stimulation.<sup>71,72</sup> Post-TBI hippocampal hyperexcitability is explained as consequence of cell loss and the establishment of hyperexcitable aberrant circuitry.<sup>75,76</sup> It is expected that TBI-induced hyperexcitability in ventral hippocampus could be associated with functional alterations developed as consequence of a severe TBI.<sup>77</sup> The results obtained from the present study revealed that subchronic treatment of CG after severe TBI prevents changes in hippocampal excitability, which is associated with lower neuronal damage observed by histological evaluation.

This study concludes that CG represents a neuroprotective strategy to prevent or diminish the long-term consequences of severe TBI. However, further studies are necessary to investigate if CG administration is able to avoid the behavioral and cognitive changes induced by severe TBI. It is also important to augment the CG-induced neuroprotective effects. For example, it would be interesting to analyze other types of administration (e.g., continuous infusion with osmotic pumps) as well as the combination of CG with other drugs.

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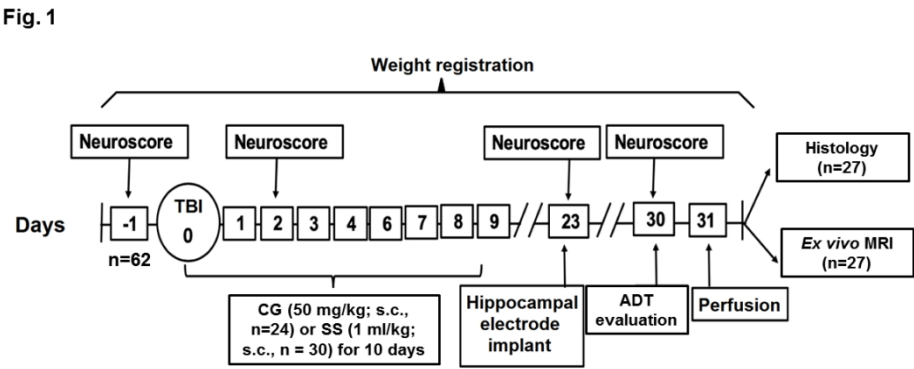


Figure 1. Timeline of experimental design used to determine the effects of subchronic administration of sodium cromoglycate (CG) after the induction of a severe traumatic brain injury (TBI). Throughout the protocol, the weight of the animals was recorded. Sensorimotor function was evaluated with composite neuroscore (NS) before (-1) and after TBI (days 2, 23, and 30 after trauma). CG or saline (SS) was administered 90 min after the TBI induction and then every 24 hours for 10 days. In a group of animals, a bipolar electrode was implanted in ventral hippocampus on day 23 post-TBI. On day 30 post-TBI, the after-discharge threshold (ADT) was estimated. On day 31, a group of animals was perfused to perform histological analyses, while others were perfused for hippocampal volume and damage assessment by ex vivo magnetic resonance imaging (MRI).

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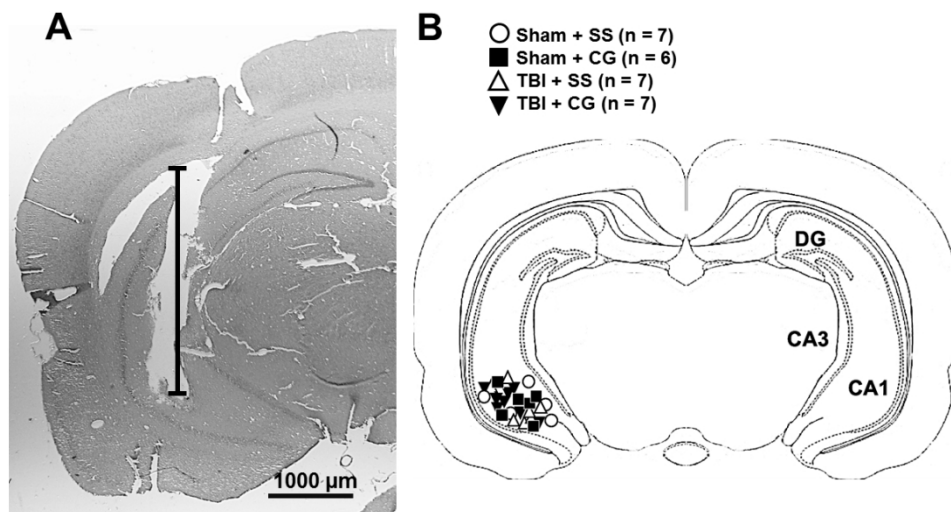


Figure 2. (A) Representative microphotograph of a coronal section labeled with Nissl staining showing the area of electrode-cannula implantation in the ventral hippocampus. The black line indicates the placement of the bipolar electrode implantation. (B) A diagram at -5.28 mm from Bregma (modified from Paxinos and Watson, 1998), indicating the places where the electrode tips were implanted in the ventral hippocampus of animals of the different experimental groups used for after-discharge estimation.

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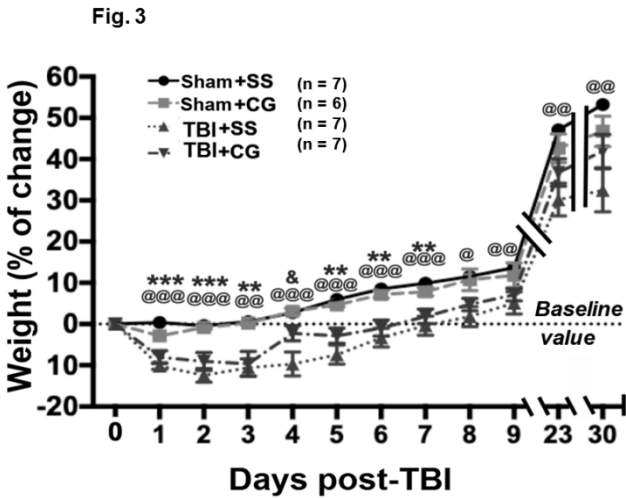


Figure 3. Effects of sodium cromoglycate (CG) on body weight alterations secondary to a severe TBI. The graph shows the representation of body weight changes in the different groups throughout the experimental procedure. Sham+SS and Sham+CG groups showed a progressive increase in body weight. Conversely, the TBI+SS group presented a weight decrease since the first-day post-TBI. Although these animals showed a progressive increase in body weight, they never achieved the values of the Sham+SS group. A similar evolution was observed in the TBI+CG group. The values represent the mean  $\pm$  SE of the percentage of weight change relative to baseline values (day 0). @p < 0.05, @@p < 0.01, @@@p < 0.001 (TBI+SS vs. Sham+SS); \*\*p < 0.01, \*\*\*p < 0.001 (TBI+CG vs. Sham+SS); &p < 0.05 (TBI+CG vs. TBI+SS).

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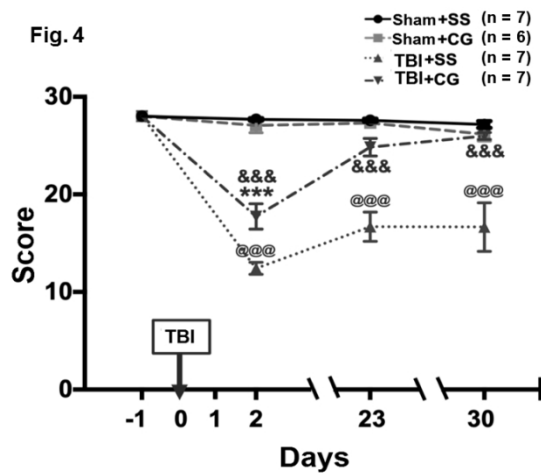


Figure 4. Representation of the composite neuroscore (NS) values during the experimental procedure. Animals from the Sham+SS and Sham+CG groups maintained a NS rate of 27-28 along the different evaluations. In contrast, the TBI+SS group presented a significant decrease at 24 h, 23, and 30 days post-TBI. The TBI+CG group also showed a decrease in sensorimotor function. However, it was less evident when compared with the TBI+SS group, and achieved the basal levels 30 days post-TBI. The values represent the mean  $\pm$  SE of the scores obtained in the NS evaluations. @@@p < 0.001 (TBI+SS vs. Sham+SS); \*\*\*p < 0.001 (TBI+CG vs. Sham+SS); &&&p < 0.001 (TBI+CG vs. TBI+SS). CG, sodium cromoglycate; TBI, traumatic brain injury; SS, saline; SE, standard error; NS, composite neuroscore.

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Fig. 5

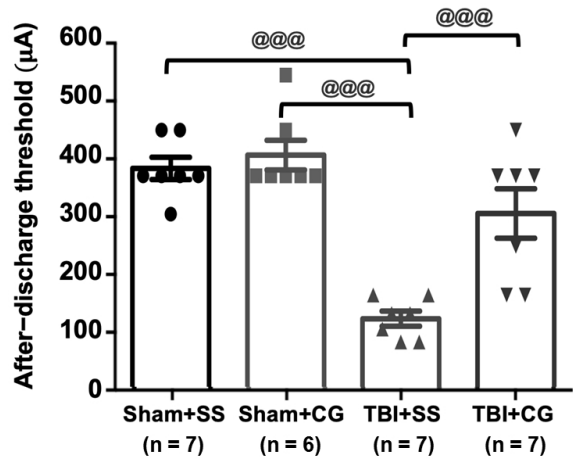


Figure 5. Effects of sodium cromoglycate (CG) on traumatic brain injury (TBI)-induced hippocampal excitability alterations estimated by the after-discharge threshold (ADT). Sham+SS and Sham+CG groups showed similar ADT values. However, the TBI+SS group showed significantly lower values when compared with both Sham+SS and Sham+CG groups, indicating hippocampal hyperexcitability. The TBI+CG group showed higher values in comparison with the TBI+SS group, which indicates less excitability. Values are expressed as the mean  $\pm$  SE of the  $\mu$ A required to achieve the ADT. @@@p <0.001 vs. TBI+SS.

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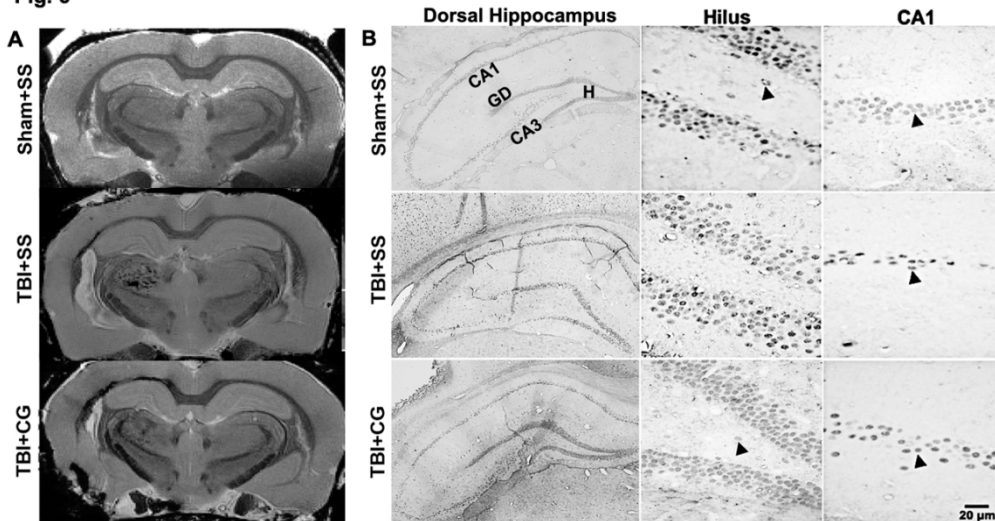
**Fig. 6**

Figure 6. Effects of subchronic treatment with sodium cromoglycate (CG) on hippocampal damage subsequent to a severe traumatic brain injury (TBI). (A) Representative coronal images of ex vivo magnetic resonance imaging (MRI) with T2 contrast at the level of the dorsal hippocampus from Sham+SS, TBI+SS and TBI+CG groups. (B) Microphotographs obtained from immunohistochemistry experiments for NeuN in the dorsal hilus and CA1 of the Sham+SS, TBI+SS and TBI+CG groups. Notice a lower number of immunoreactive cells in the TBI+SS group when compared with the Sham+SS group. This change was unnoticeable in the TBI+CG group. H, hilus; DG, dentate gyrus.

338x190mm (96 x 96 DPI)

Table 1. Volume of hippocampus and lesions, ipsilateral or contralateral to injury assessed with *ex vivo* magnetic resonance imaging.

| Group              | Hippocampus Volume<br>(mm <sup>3</sup> ) |               | Volume of Injury<br>(mm <sup>3</sup> ) |               |
|--------------------|--|---------------|--|---------------|
|                    | Ipsilateral                              | Contralateral | Ipsilateral                            | Contralateral |
| Sham+SS<br>(n = 8) | 54.83 ± 0.69                             | 55.67 ± 1     | 0                                      | 0             |
| Sham+CG<br>(n = 4) | 51.5 ± 1                                 | 52.9 ± 1.1    | 0                                      | 0             |
| TBI+SS<br>(n = 8)  | 46.92 ± 0.9***                           | 53.14 ± 1.3   | 0.15 ± 0.09**                          | 0             |
| TBI+CG<br>(n = 6)  | 47.86 ± 1.93***                          | 53.96 ± 1.7   | 0.10 ± 0.03**                          | 0             |

SS, saline solution; CG, cromoglycate; TBI, traumatic brain injury.

Data represent mean ± SE in mm<sup>3</sup>.

\*\**p* < 0.01; \*\*\**p* < 0.001 vs. Sham + SS.

Table 2. Number of NeuN positive cells in areas of the dorsal hippocampus, ipsilateral or contralateral to TBI or craniotomy in the experimental groups.

| Group              | Dentate gyrus  |               | Hilus          |                | CA1            |               | CA3            |               |
|--------------------|----------------|---------------|----------------|----------------|----------------|---------------|----------------|---------------|
|                    | Ipsi-          | Contra-       | Ipsi-          | Contra-        | Ipsi-          | Contra-       | Ipsi-          | Contra-       |
| Sham+SS<br>(n = 7) | 3316 ±<br>292  | 3659 ±<br>313 | 513 ± 26       | 421 ± 33       | 1775 ±<br>133  | 1659 ±<br>138 | 1132 ± 82      | 1150 ±<br>61  |
| Sham+CG<br>(n = 6) | 3120 ±<br>105  | 3617 ±<br>373 | 473 ± 59       | 443 ± 40       | 1854 ± 62      | 1823 ± 84     | 943 ± 59       | 1117 ±<br>88  |
| TBI+SS<br>(n = 7)  | 2217 ±<br>168* | 2887 ±<br>268 | 114 ±<br>12*** | 202 ±<br>24*** | 1062 ±<br>68** | 1332 ±<br>141 | 536 ±<br>76*** | 757 ±<br>69** |
| TBI+CG<br>(n = 7)  | 2993 ±<br>300  | 3628 ±<br>241 | 457 ± 13       | 453 ± 28       | 1762 ±<br>183  | 1705 ±<br>113 | 1065 ± 98      | 1118 ±<br>93  |

SS, saline solution; CG, sodium cromoglycate; TBI, traumatic brain injury.

Data are presented as the mean ± SE of neural preservation (mm<sup>3</sup>) ipsilateral (ipsi-) or contralateral (contra-) to the injury site.

\* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$  vs. Sham+SS.

**Figure legends**

**Figure 1.** Timeline of experimental design used to determine the effects of subchronic administration of sodium cromoglycate (CG) after the induction of a severe traumatic brain injury (TBI). Throughout the protocol, the weight of the animals was recorded. Sensorimotor function was evaluated with composite neuroscore (NS) before (-1) and after TBI (days 2, 23, and 30 after trauma). CG or saline (SS) was administered 90 min after the TBI induction and then every 24 hours for 10 days. In a group of animals, a bipolar electrode was implanted in ventral hippocampus on day 23 post-TBI. On day 30 post-TBI, the after-discharge threshold (ADT) was estimated. On day 31, a group of animals was perfused to perform histological analyses, while others were perfused for hippocampal volume and damage assessment by *ex vivo* magnetic resonance imaging (MRI).

**Figure 2.** (A) Representative microphotograph of a coronal section labeled with Nissl staining showing the area of electrode-cannula implantation in the ventral hippocampus. The black line indicates the placement of the bipolar electrode implantation. (B) A diagram at -5.28 mm from Bregma (modified from Paxinos and Watson, 1998), indicating the places where the electrode tips were implanted in the ventral hippocampus of animals of the different experimental groups used for after-discharge estimation.

**Figure 3.** Effects of sodium cromoglycate (CG) on body weight alterations secondary to a severe TBI. The graph shows the representation of body weight changes in the different groups throughout the experimental procedure. Sham+SS and Sham+CG

groups showed a progressive increase in body weight. Conversely, the TBI+SS group presented a weight decrease since the first-day post-TBI. Although these animals showed a progressive increase in body weight, they never achieved the values of the Sham+SS group. A similar evolution was observed in the TBI+CG group. The values represent the mean  $\pm$  SE of the percentage of weight change relative to baseline values (day 0). @ $p < 0.05$ , @@ $p < 0.01$ , @@@ $p < 0.001$  (TBI+SS vs. Sham+SS); \*\* $p < 0.01$ , \*\*\* $p < 0.001$  (TBI+CG vs. Sham+SS); & $p < 0.05$  (TBI+CG vs. TBI+SS).

**Figure 4.** Representation of the composite neuroscore (NS) values during the experimental procedure. Animals from the Sham+SS and Sham+CG groups maintained a NS rate of 27-28 along the different evaluations. In contrast, the TBI+SS group presented a significant decrease at 24 h, 23, and 30 days post-TBI. The TBI+CG group also showed a decrease in sensorimotor function. However, it was less evident when compared with the TBI+SS group, and achieved the basal levels 30 days post-TBI. The values represent the mean  $\pm$  SE of the scores obtained in the NS evaluations. @@@ $p < 0.001$  (TBI+SS vs. Sham+SS); \*\*\* $p < 0.001$  (TBI+CG vs. Sham+SS); &&& $p < 0.001$  (TBI+CG vs. TBI+SS). CG, sodium cromoglycate; TBI, traumatic brain injury; SS, saline; SE, standard error; NS, composite neuroscore.

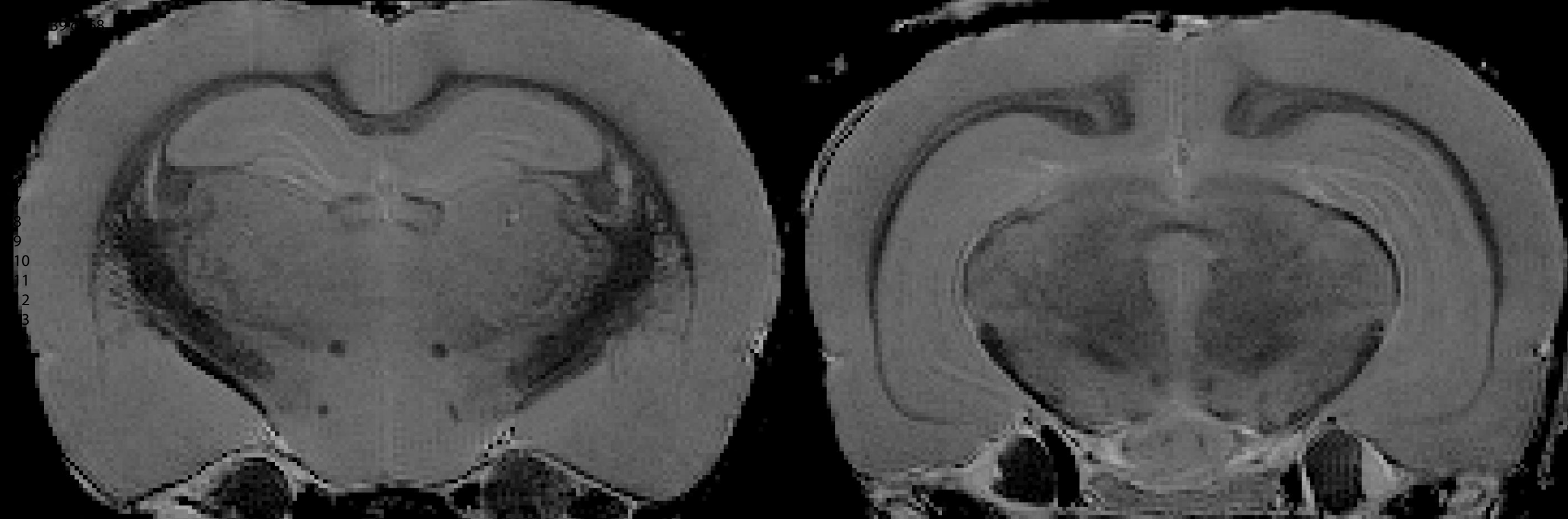
**Figure 5.** Effects of sodium cromoglycate (CG) on traumatic brain injury (TBI)-induced hippocampal excitability alterations estimated by the after-discharge threshold (ADT). Sham+SS and Sham+CG groups showed similar ADT values. However, the TBI+SS group showed significantly lower values when compared with

both Sham+SS and Sham+CG groups, indicating hippocampal hyperexcitability. The TBI+CG group showed higher values in comparison with the TBI+SS group, which indicates less excitability. Values are expressed as the mean  $\pm$  SE of the  $\mu$ A required to achieve the ADT. @@@ $p < 0.001$  vs. TBI+SS.

**Figure 6.** Effects of subchronic treatment with sodium cromoglycate (CG) on hippocampal damage subsequent to a severe traumatic brain injury (TBI). (A) Representative coronal images of ex vivo magnetic resonance imaging (MRI) with T2 contrast at the level of the dorsal hippocampus from Sham+SS, TBI+SS and TBI+CG groups. (B) Microphotographs obtained from immunohistochemistry experiments for NeuN in the dorsal hilus and CA1 of the Sham+SS, TBI+SS and TBI+CG groups. Notice a lower number of immunoreactive cells in the TBI+SS group when compared with the Sham+SS group. This change was unnoticeable in the TBI+CG group. H, hilus; DG, dentate gyrus.

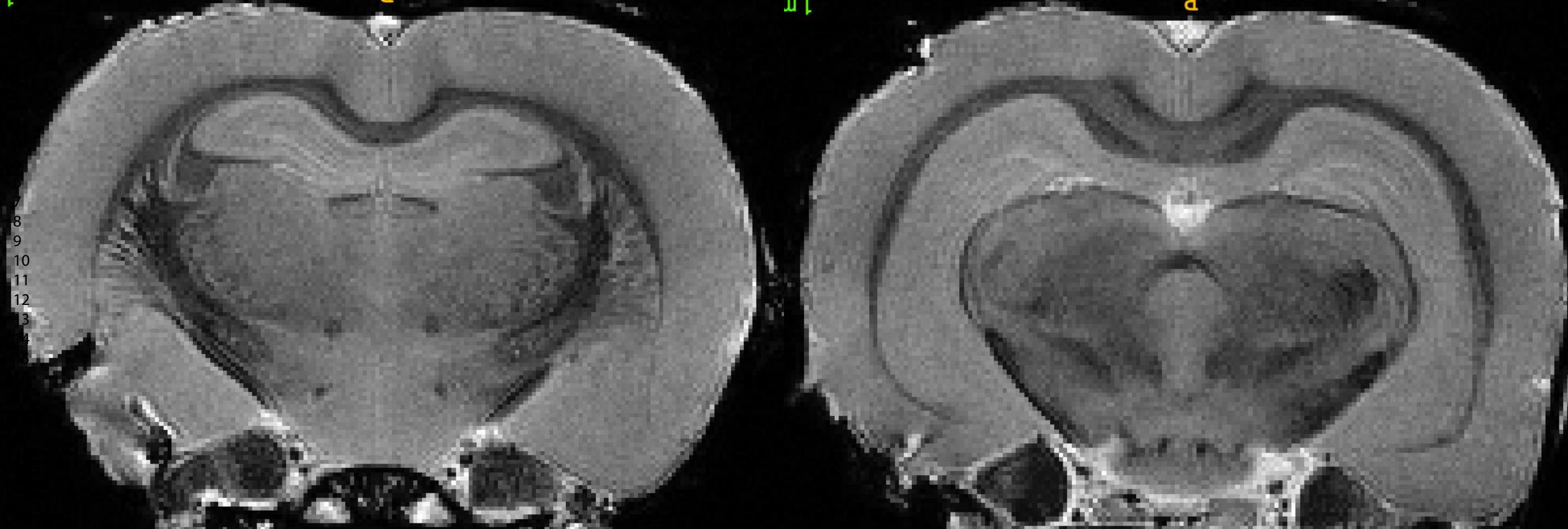


**SHAM+SS**



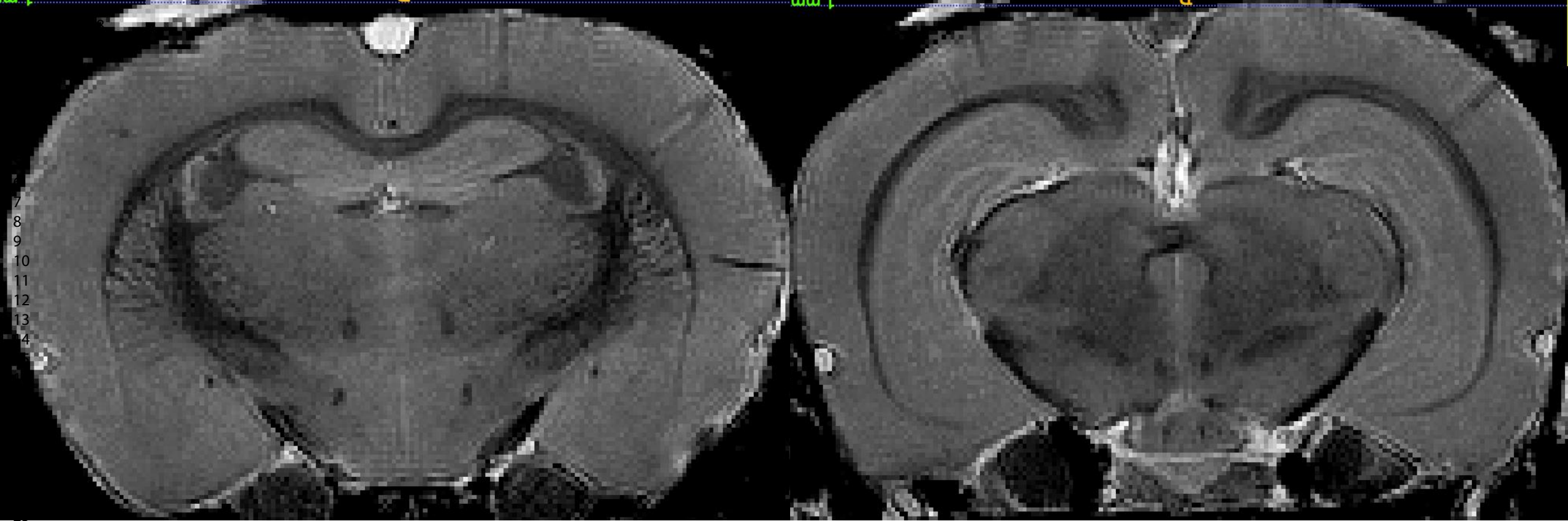
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**Rat: 2R**

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**Rat: 3R**

Mary Ann Liebert, Inc, 140 Huguenot Street, New Rochelle, NY 10801



**Rat: C1N**

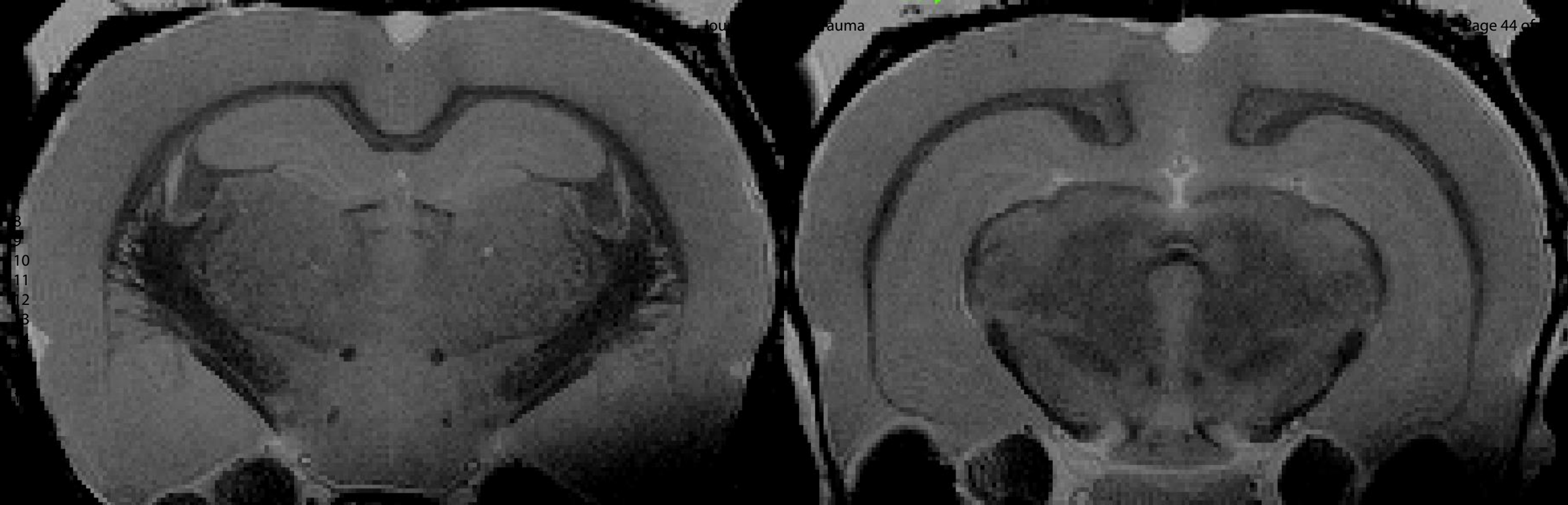




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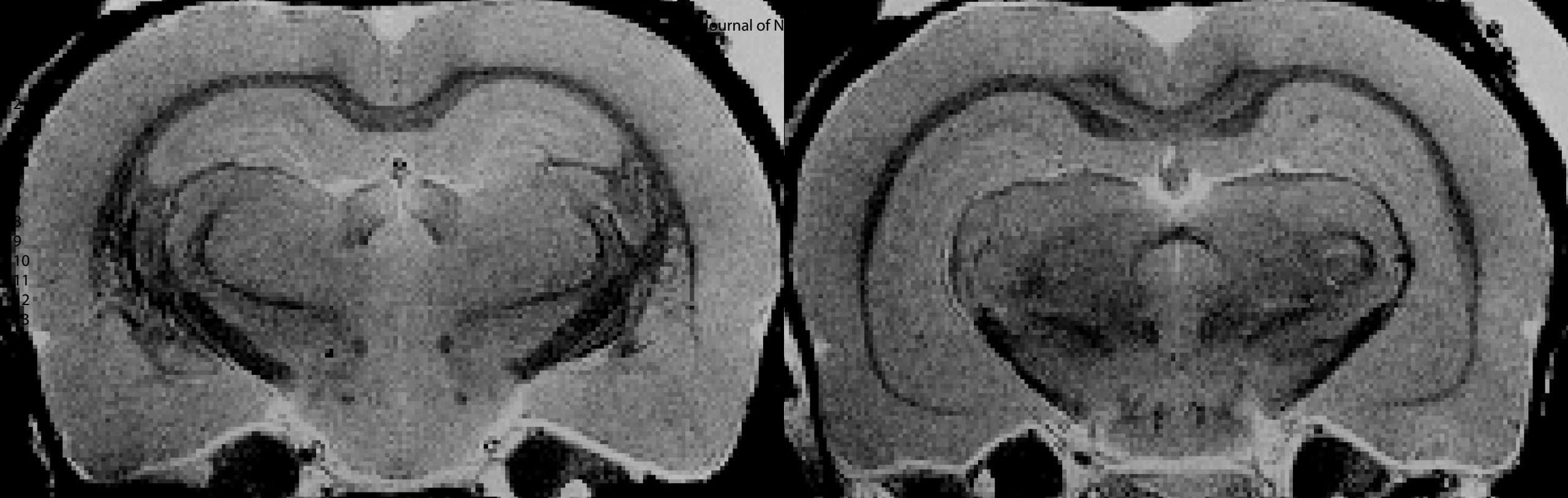
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**Rat: C5**

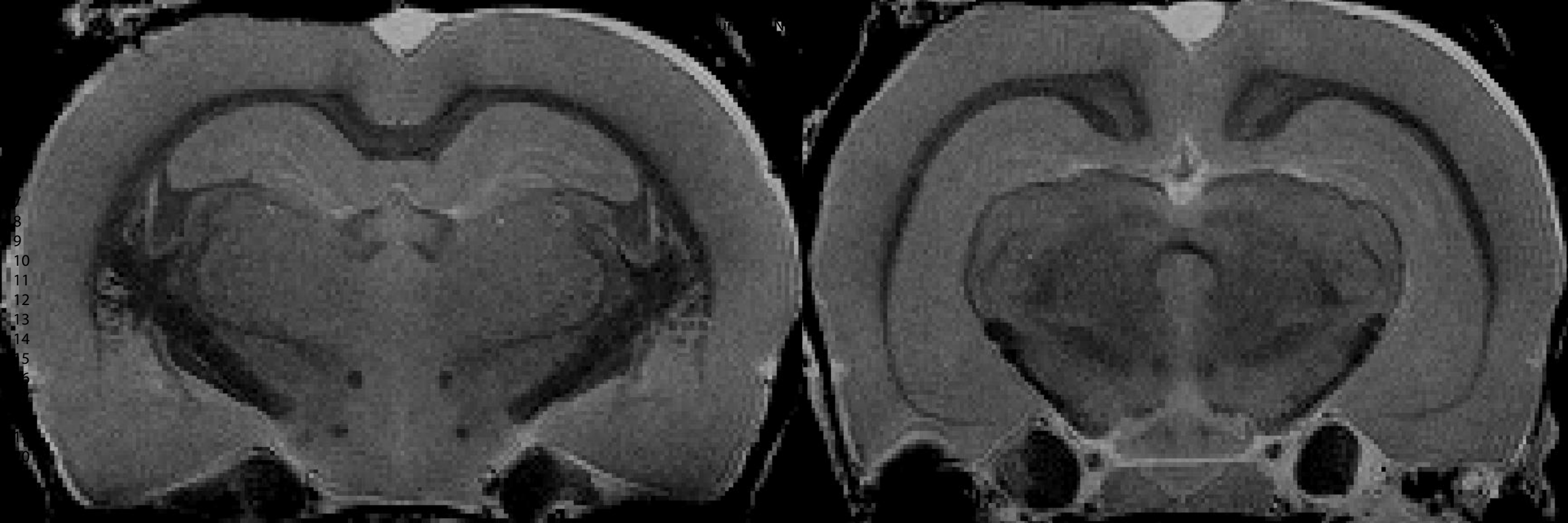
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# Rat: C6

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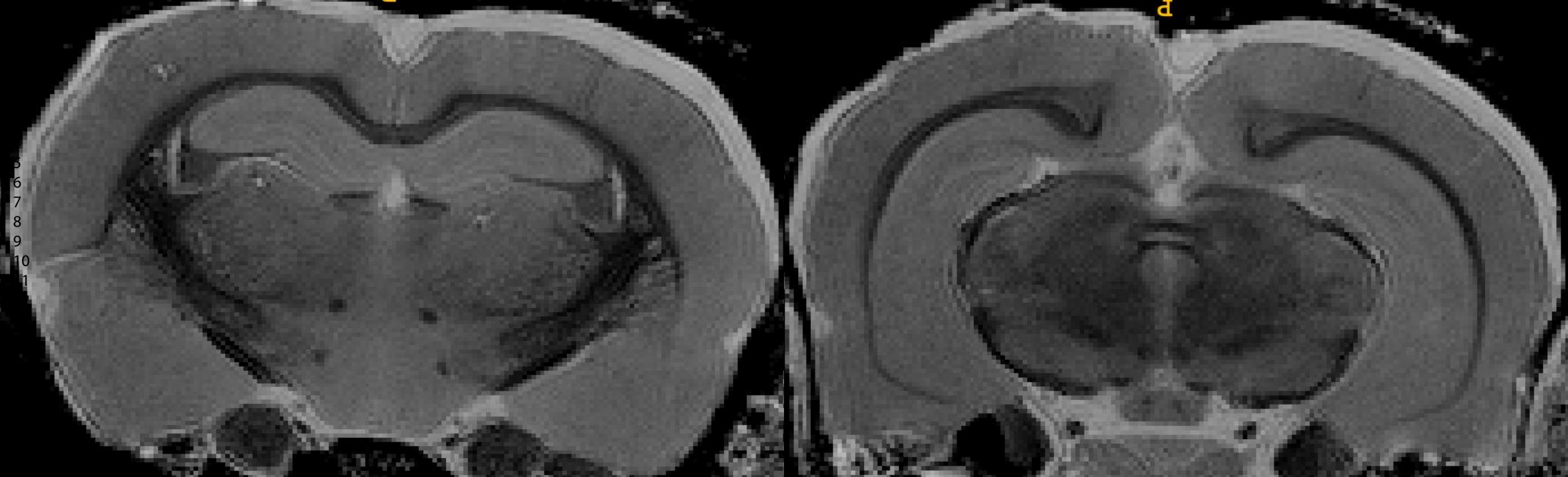


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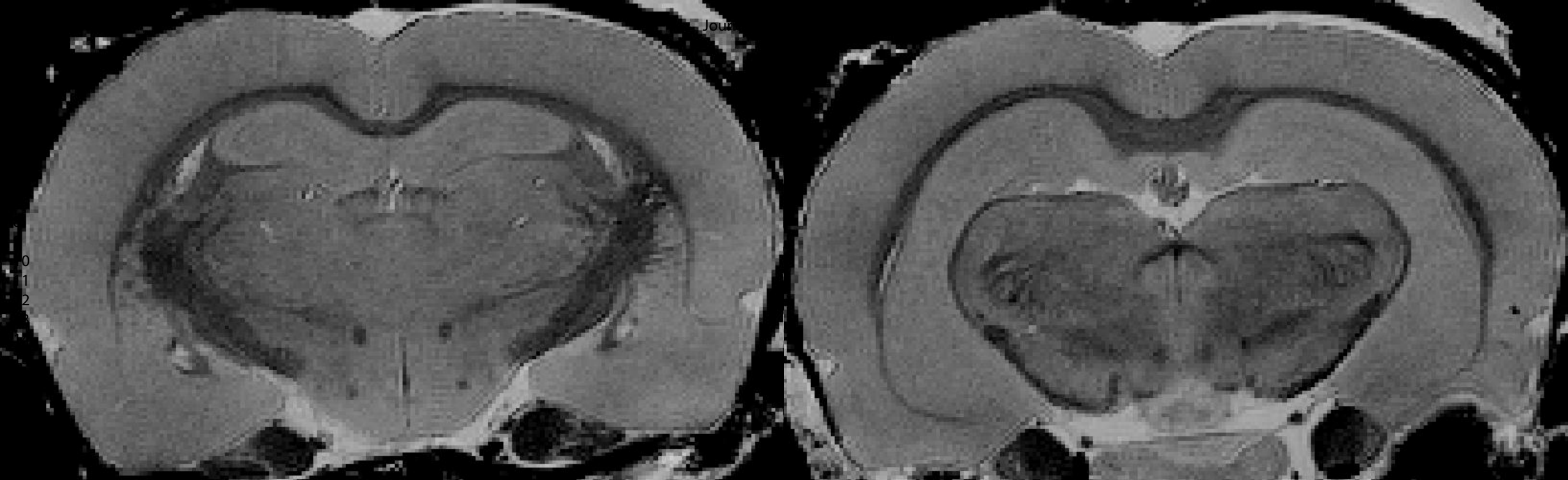
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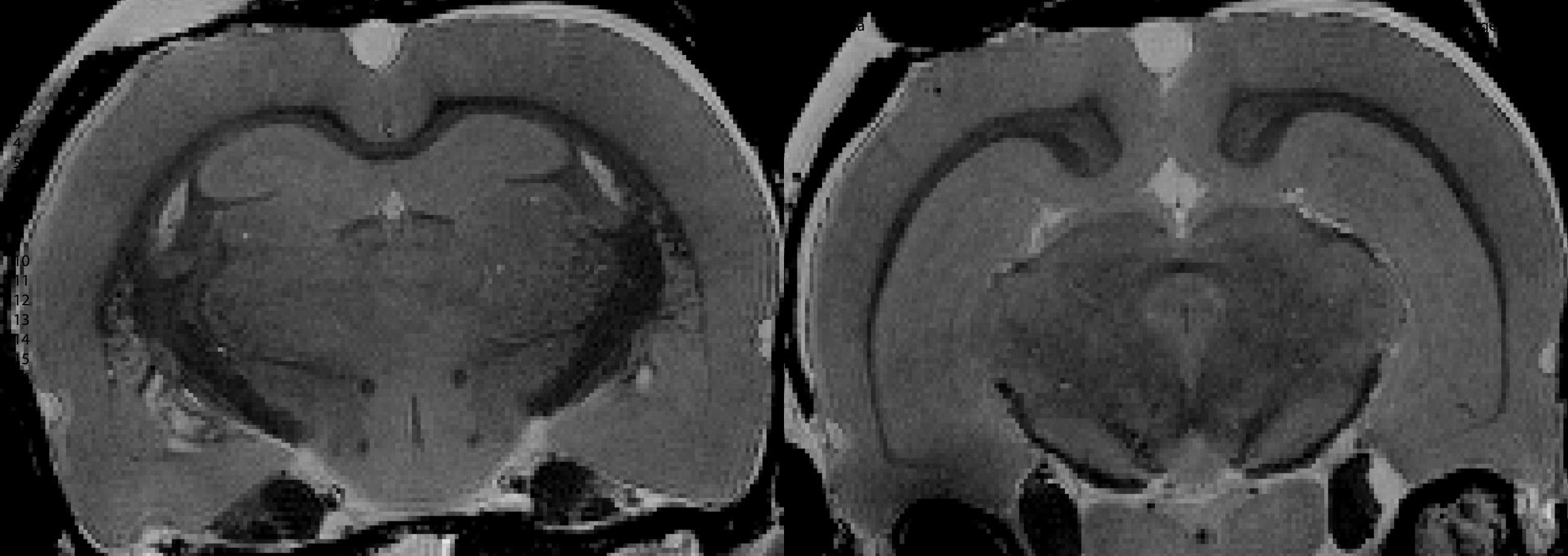
**CG+SS**



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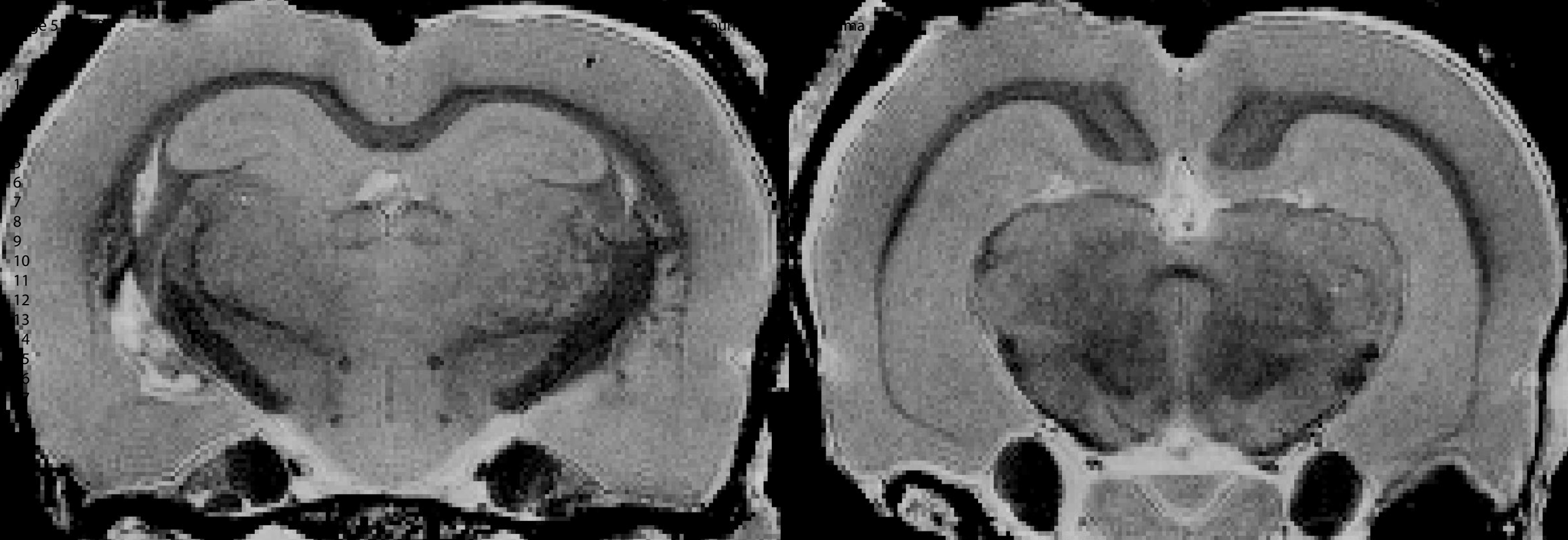


## Rat: M2



## Rat: M4

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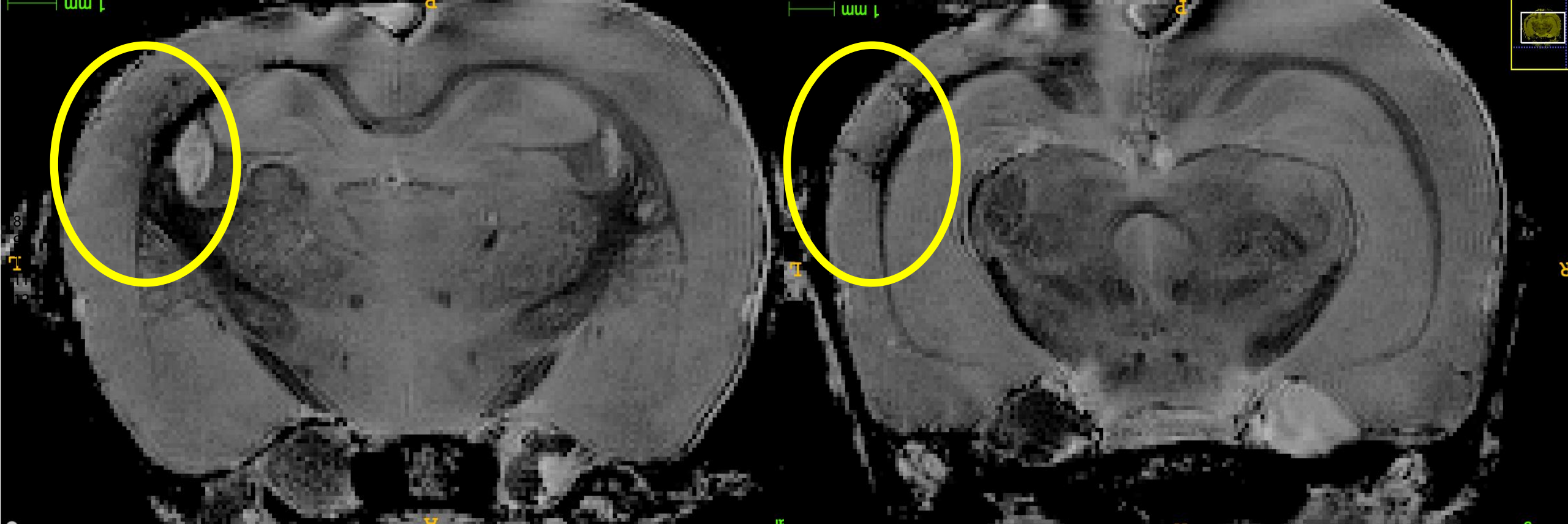


**Rat: M5**

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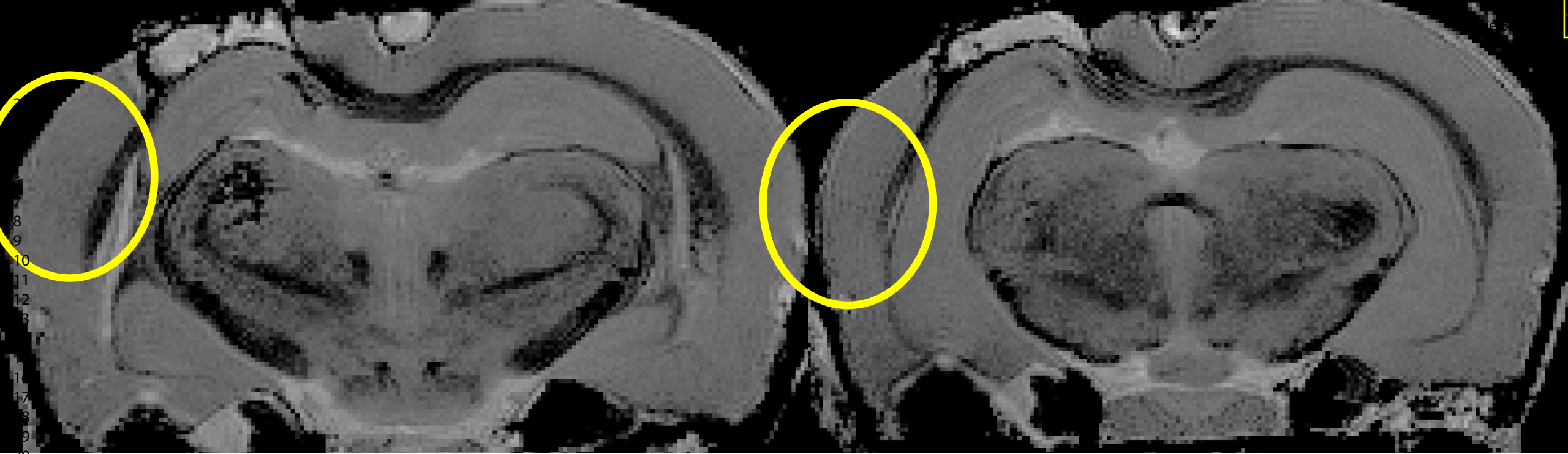
# TBI+SS





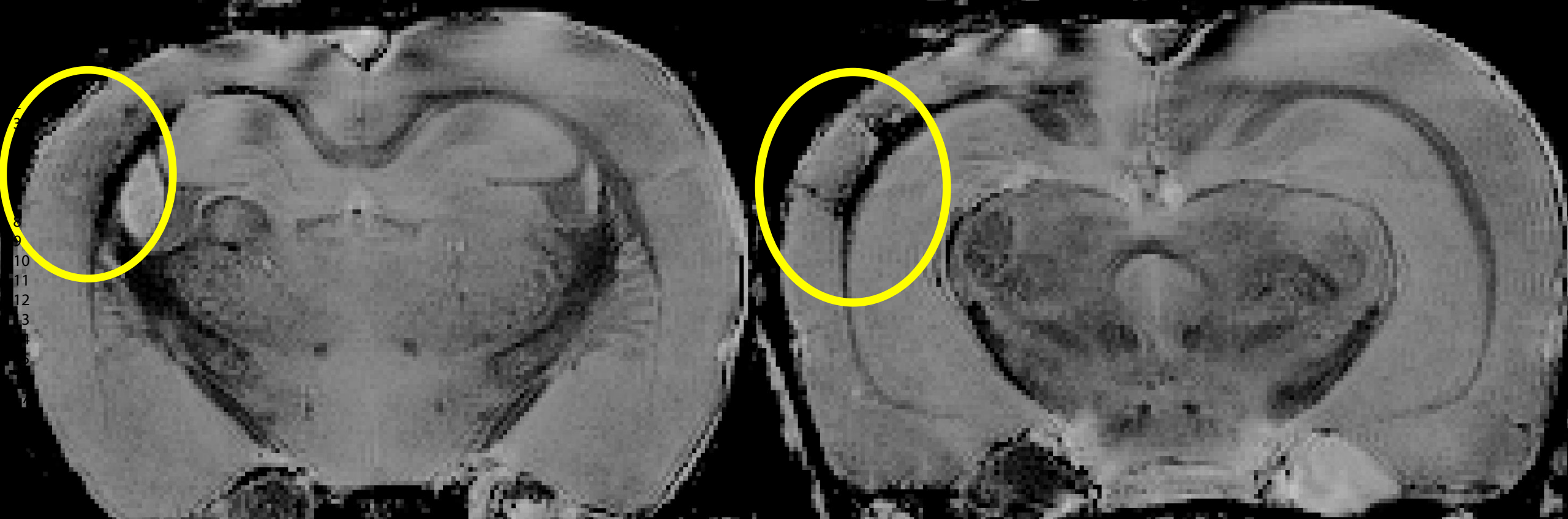
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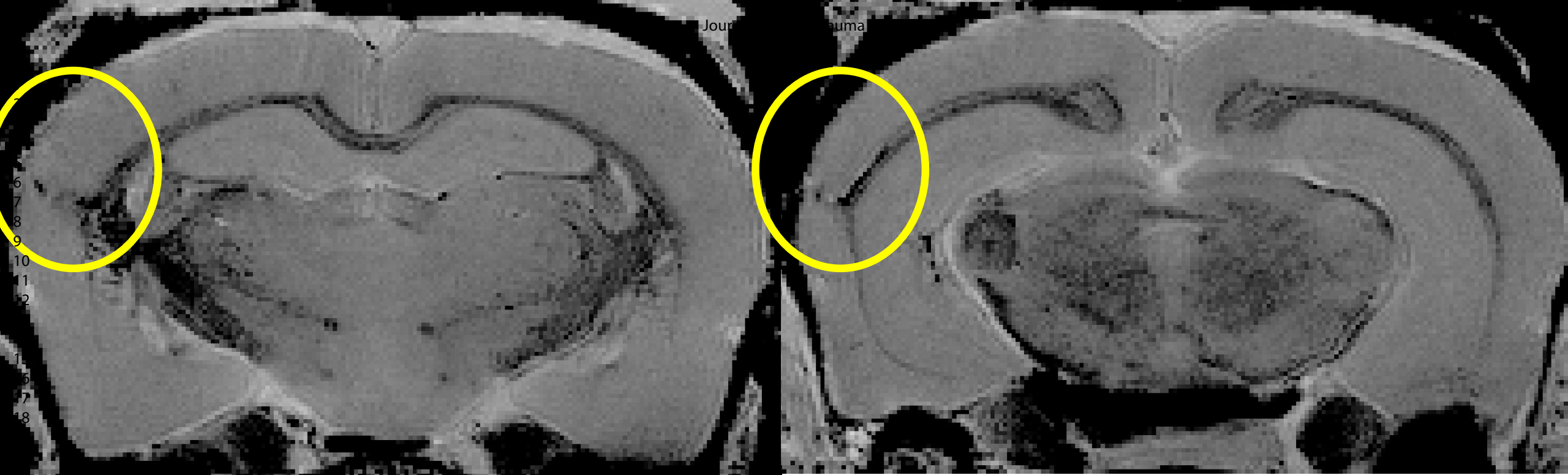


## Rat 3A

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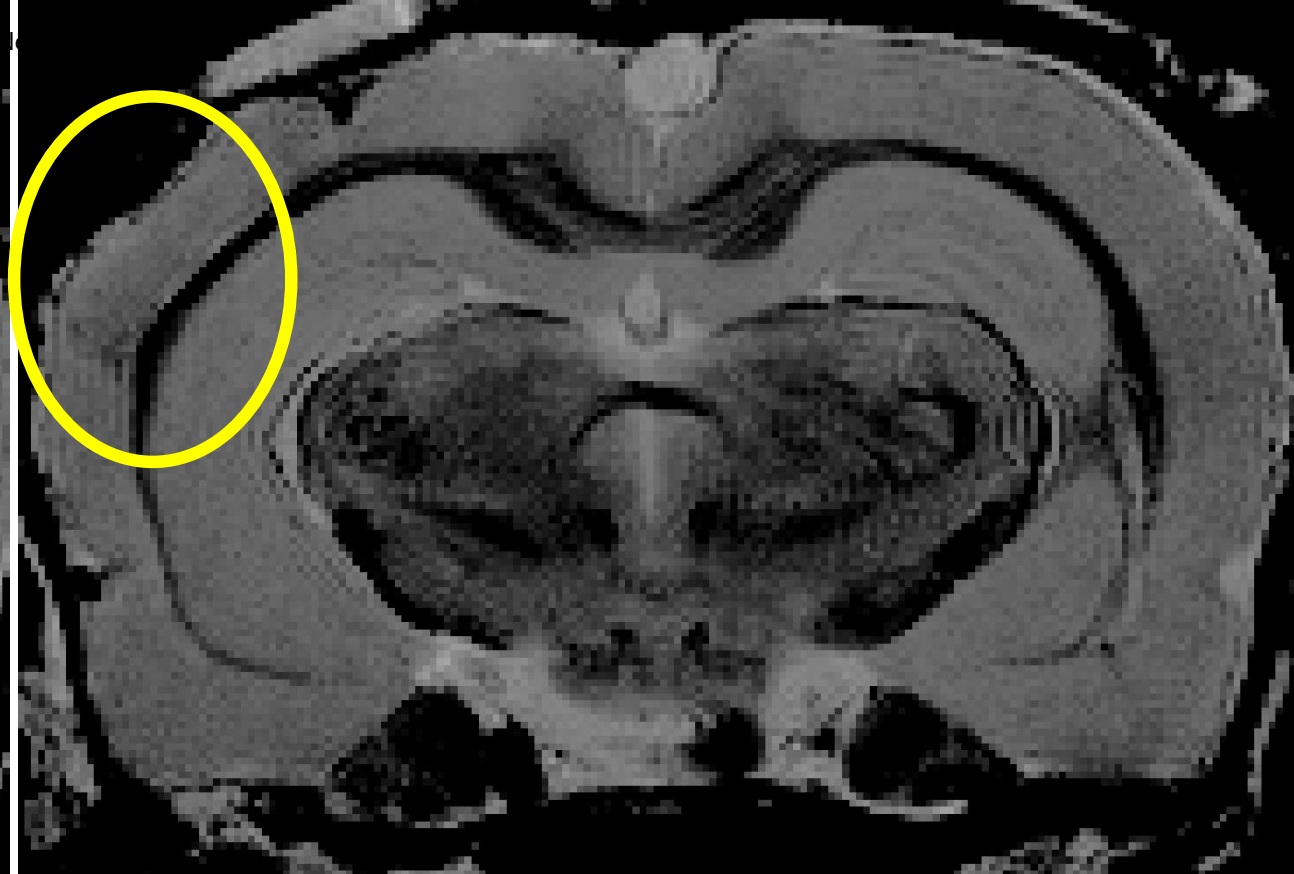
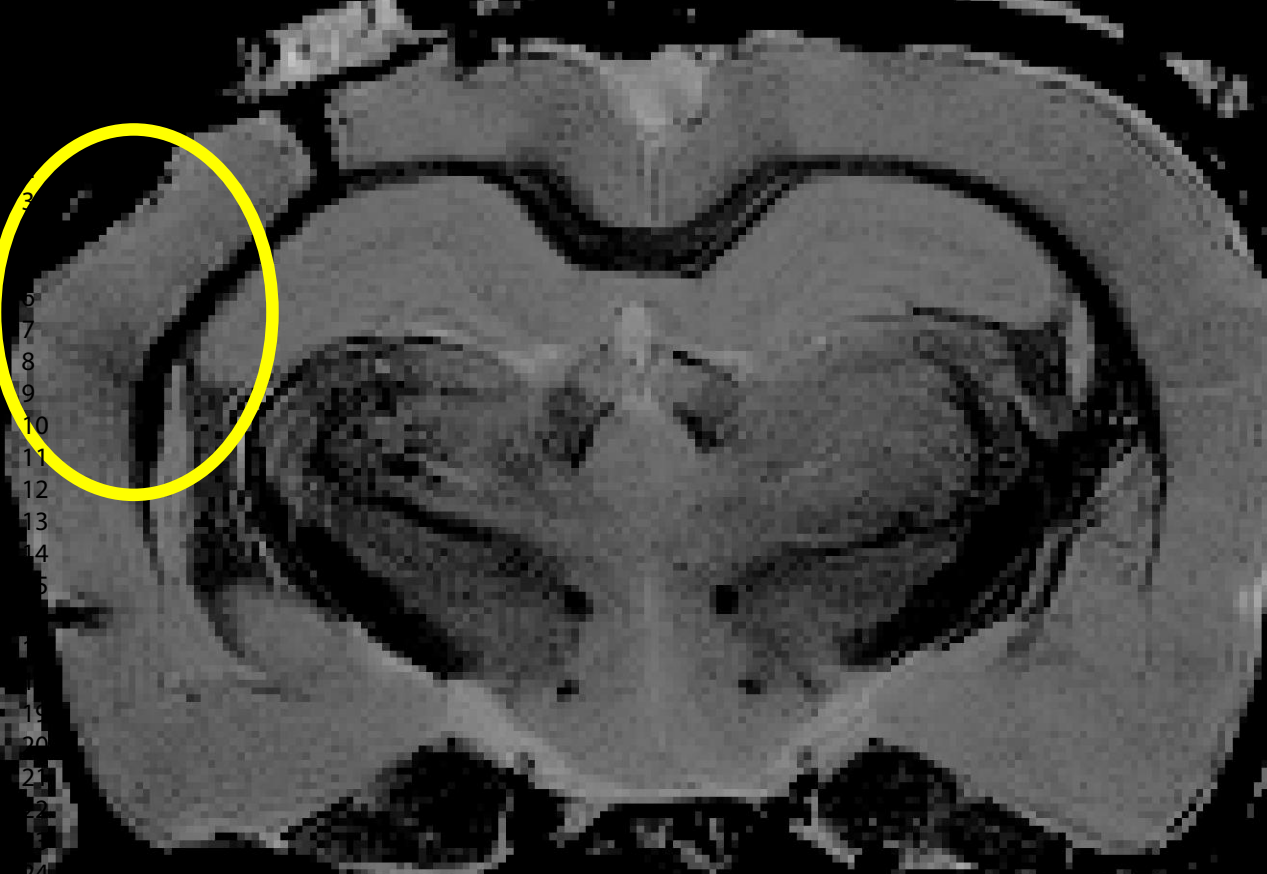


**Rat 7R**



**Rat: C2**

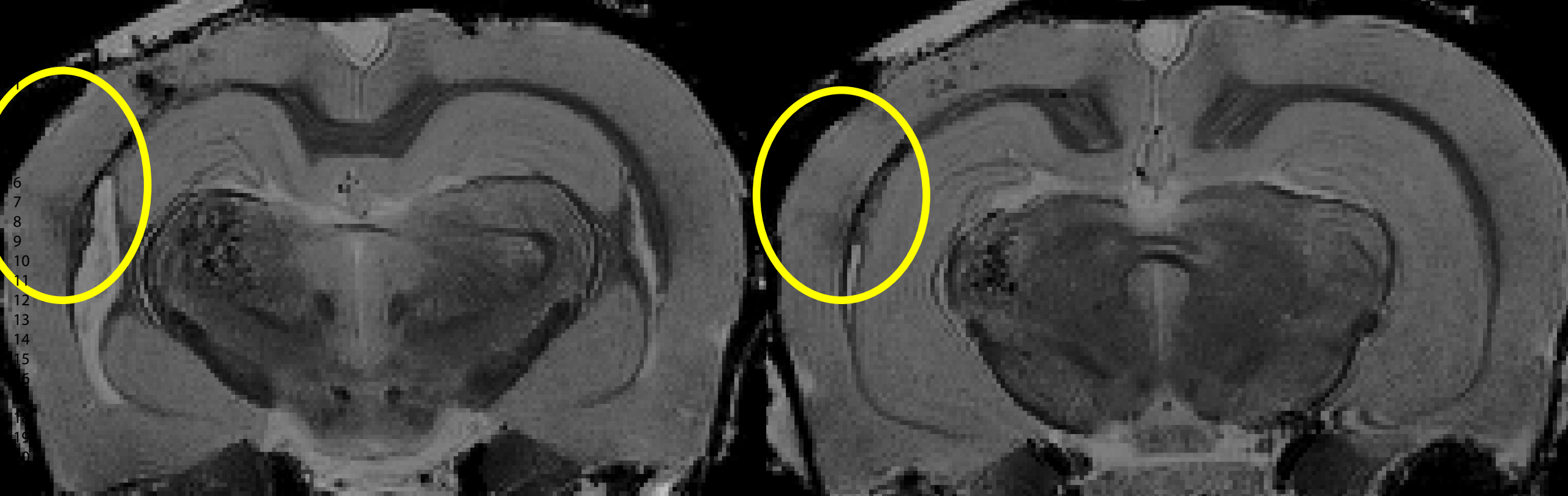




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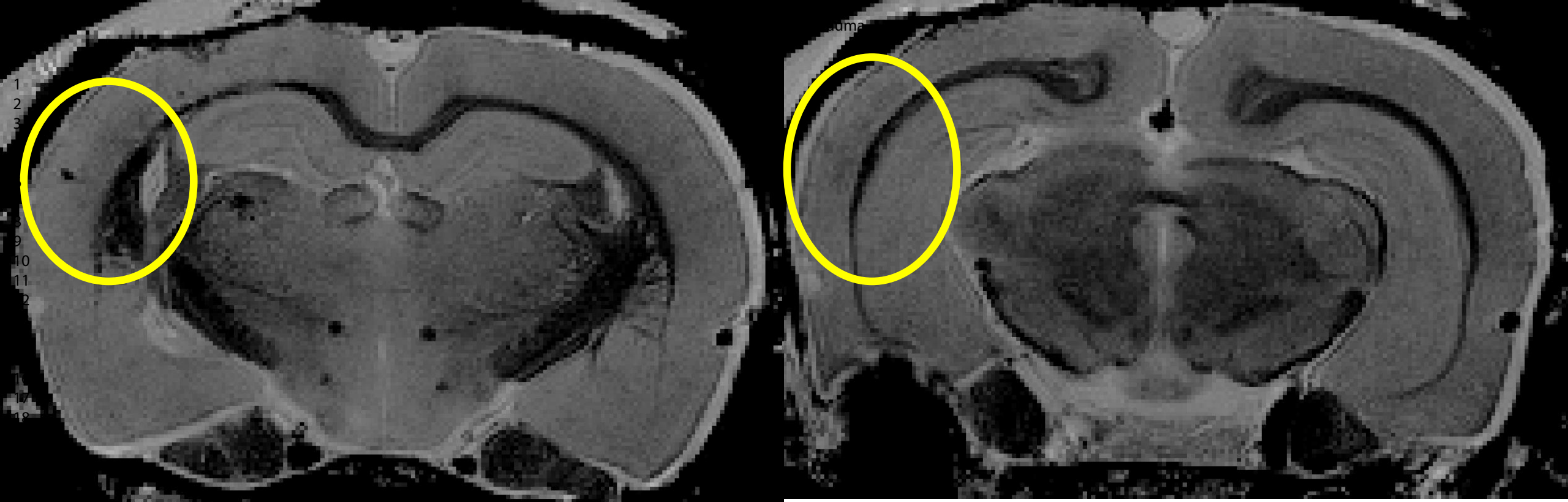


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**Rat: E2**





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**Rat: F2**

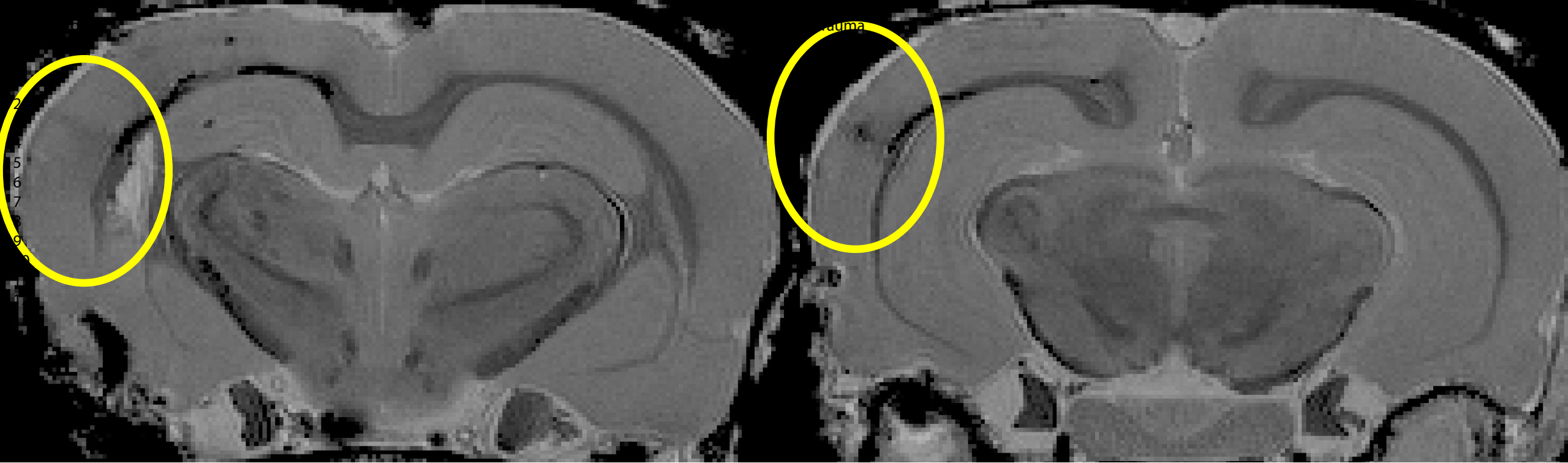
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# TBI+CG

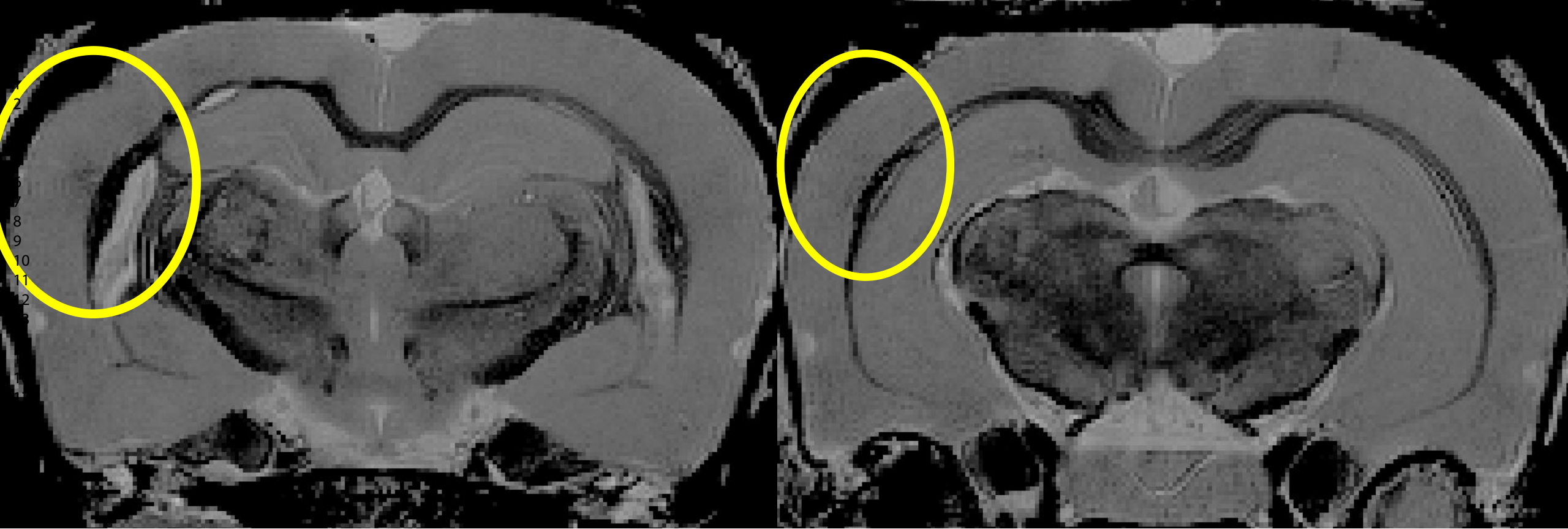




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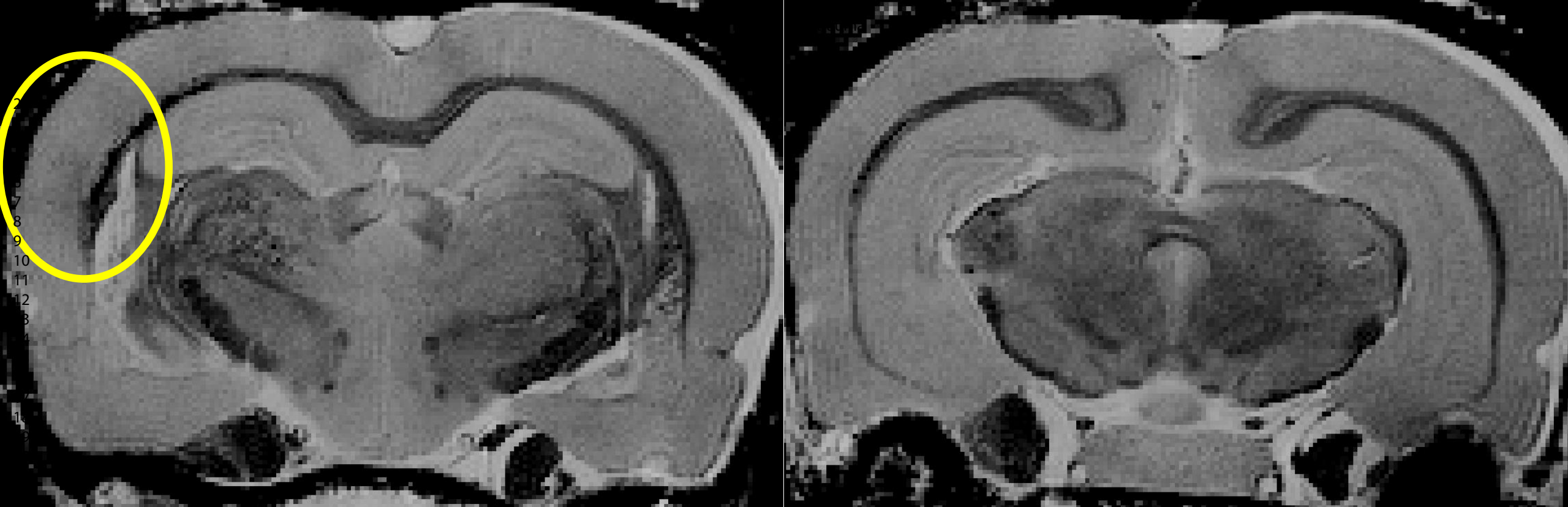


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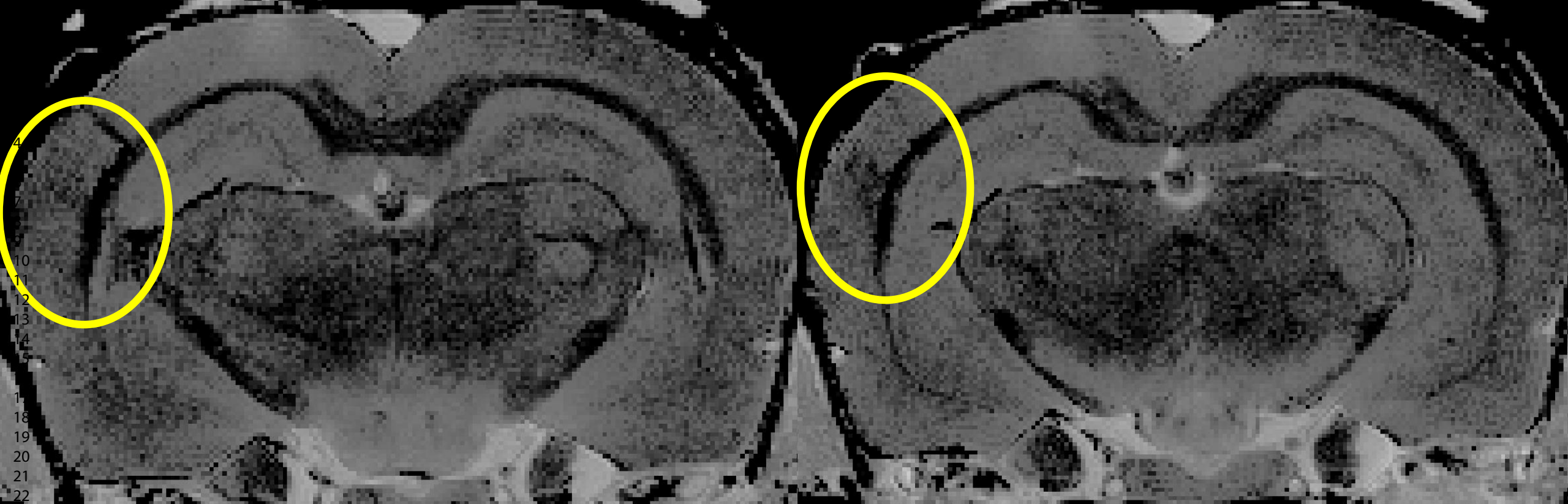


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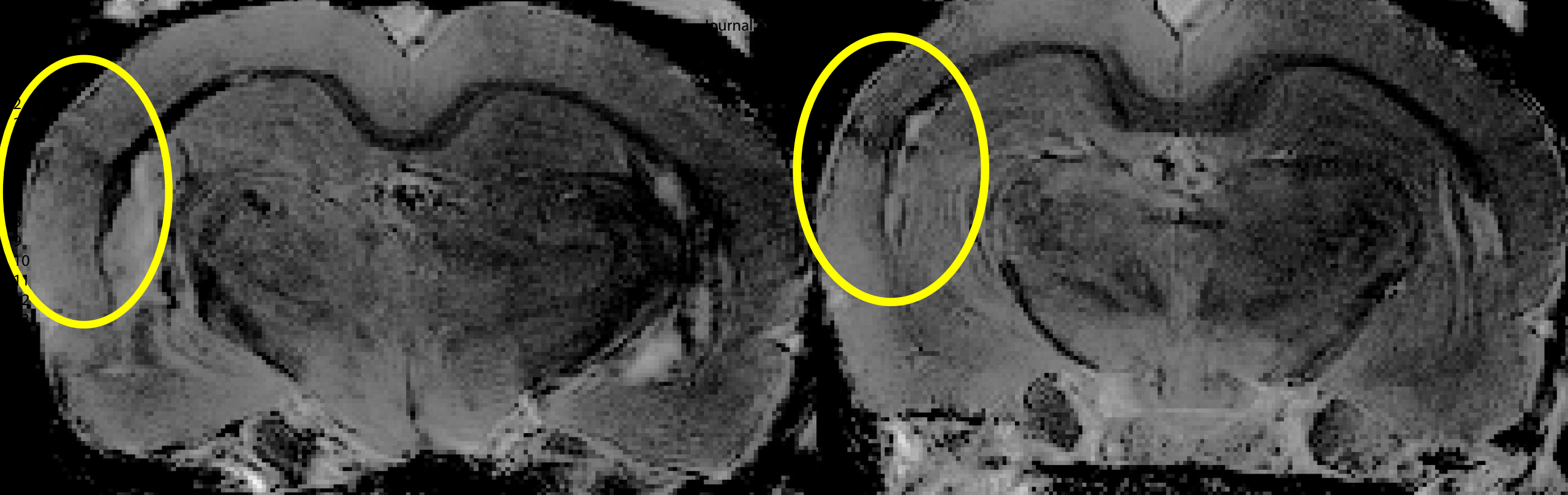




**Rat: 6V**



**Rat: P4**



**Rat: R4**



Responses to reviewers.

Reviewer: 1

Comments to the Author

1. Report the specifics of the angled tip of the FP device (i.e., What was the angle? Was it a radius or a sharp angle?). This should be in the Methods section.

Response: We used an radius angled tip of 90°. This information is now included in the new version of the manuscript.

2. In Figure 6A, the TBI+SS MRI image does not appear representative of the MRI images for TBI+SS in the supplementary figures. Replace this with a more representative example (without the large lesion under the craniotomy).

Response: The figure was modified according the reviewer's comment.